# CONNECTICUT INTERSCHOLASTIC ATHLETIC CONFERENCE 30 Realty Drive, Cheshire, Connecticut 06410 Telephone (203) 250-1111 / Fax (203) 250-1345

# 98<sup>th</sup> ANNUAL BOYS BASKETBALL 2019-20 REGULATIONS Sponsored by Spalding, IGA, CT Dept. of Transportation, Max Prep and Dattco

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# THE BOYS BASKETBALL TOURNAMENT INFORMATION IS ARRANGED AS FOLLOWS:

- 1.0 Divisions
- 2.0 Sites / Dates / Times
- 3.0 Entry Procedures
- 4.0 Expenses / Tickets
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- 6.0 Officials
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#### 2019-20 BOYS BASKETBALL TOURNAMENT DIRECTORS

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#### 2019-20 CIAC BOYS BASKETBALL COMMITTEE

#### Administrators

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#### Coaches

Gregg Hunt, Wamogo Reg. High School, Litchfield– Ch Nick Augelli, Crosby High School, Waterbury John Mirabello, N.W. Catholic High School, W. Htfd. Reggie Tucker, Classical Magnet School, Hartford Colin Devine, Staples High School, Westport John DeGennaro, Masuk High School, Monroe - Ex

#### Consultants

Robert Cecchini, East Granby Tom Murray, Branford Rich Hadden, Farmington Kevin Burke, Bacon Academy, Colchester - CAAD Len Corto, New Britain High School – CAAD Peter Carroll, Stratford – Officials

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#### **ALERT PAGE**

- <u>Site for Girls and Boys Basketball Finals</u> -- The finals will be held at the Mohegan Sun Arena on Saturday, March 21 and Sunday, March 22, 2020. The schedule of games will be announced.
- **NOTE:** The CIAC Boys and Girls Basketball Committees voted to adopt video replay for the FINAL GAMES OF THE TOURNAMENT ONLY and only in facilities that have official video equipment and replay capabilities. Video replay will only be used on the <u>final shot of the quarter</u>, <u>half or end of the game</u> when the official needs to confirm if the point was scored before time elapsed and/or if the point was a two or three point shot.
- The CIAC 2020 Boys Basketball Championships will be played using five (5) Divisions The Board of Control approved the committee placing schools in five divisions using a series of factors including enrollment, success in CIAC tournament play, strength of the league and power points for each team (determined by the sum of wins of defeated opponents one point for each of their wins). All Division I schools will automatically qualify for the 2020 championships and Divisions II V must win 40% of their games to qualify.

A school may "opt-up" to the Division I tournament for a one year period and must notify the CIAC by October 15, 2019. Divisions II, III, IV and V will not be rebalanced if schools opt to move up.

- Tournament Site Selection –THE CIAC BASKETBALL COMMITTEE AND TOURNAMENT DIRECTOR RESERVE THE RIGHT TO MOVE ANY GAME TO A NEUTRAL LARGER SITE FOR SAFETY REASONS AND TO ACCOMMODATE ALL SPECTATORS AND MEDIA WHO WISH TO ATTEND THE GAME.
- <u>Scrimmages</u> Teams must have a minimum of three (3) days of practice prior to scheduling a full team scrimmage. All sports teams and individual athletes must have a minimum of ten (10) physical/exertional practice days with their school before the date of the first scheduled competition. No team/athlete shall practice/compete with their school more than six (6) consecutive days to provide a day of rest. Saturdays, Sundays, and holidays may be used unless prohibited by local board policy. Sunday practices may be counted to fulfill the 10 day requirement.
- Reporting Regular Season Scores In order to ensure that standings and rankings on both the CIAC's websites and other sites which draw their data from us are timely and accurate, all regular season scores must be entered online on the day of the game as soon as possible following the game's completion.

Scores may be entered via the Online Eligibility Center, the "Submit Scores/Forms" option of the "CIAC for Coaches" menu at CIACsports.com, or the "Submit Scores" button in our CIACmobile.com mobile site. Entering scores at CIACsports.com or CIACmobile.com requires either a coach's or scorekeeper's access code, those codes are managed via the Online Eligibility Center and can be retrieved from a school's athletic director.

- Changes in game starting times Both athletic directors must be in agreement and need to submit a support ticket via the online eligibility center. Home athletic director submits the support ticket.
- <u>Students with Special Needs</u> Coaches are reminded to inform contest officials prior to each competition of any student with special needs who could be competing in the contest when his/her disability could impact the individual's performance or the conduct of the competition.
- <u>CIAC Tournament Site Media Policy</u> The CIAC places tremendous value on the role the media plays in promoting and highlighting high school sports. To that purpose CIAC tournament venues and hosts should make every effort to provide a working environment conducive to all media (print, broadcast and internet based) covering our events. The following are **minimum standards**, developed in consultation with the CIAC Media Advisory Committee, which should be provided for working media at all CIAC tournament sites:

- 1. A minimum of one hour following the conclusion of post-game interviews to write in the press box, press area or a suitable facility in close proximity to the site of the event (i.e. office, classroom, etc.)
- 2. Access to electric power (shared power strip, etc.)
- 3. Access to wireless internet service

Site directors should communicate these requirements to any staff person who may be responsible for the administration of the event. If for some reason a site will not be able to provide these items for a contest, a site representative should inform the CIAC in advance and work with the media on-site before the game and work to provide a reasonable solution to the issue. Members of the media who will be covering events are directed to contact the appropriate site as far in advance as possible to inform them they will be at the event and discuss what arrangements will be made for working media at the site.

• **Tie-Break Procedures** – Please see 9.1, as the procedures have been modified.

# 2019-20 NATIONAL FEDERATION BASKETBALL RULE CHANGES

- 3-4-3e(2) The option of the number style that uses the team jersey color itself bordered with not less than two <sup>1</sup>/<sub>4</sub>inch solid border(s) contrasting with the team jersey color will be eliminated by 2024-25.
- 3-5-4b If worn, only one headband is permitted, and it must be worn on the forehead/crown. It must be nonabrasive and unadorned, and it must be no more than 3 inches wide.
- 3-5-4d The statement "Hair-control devices are not required to meet color restrictions" was added to the rule.
- 3-5-5 Note (New) Provided the shorts are not in conflict with Rule 3-4-5, no drawstring or other part of the shorts intended to maintain them in a normal position causes potential harm to the player or others and wearing of the shorts is not objectionable in exposing the anatomy, there is no restriction on folding or rolling the shorts at the natural waistband seam.
- 3-5-8 Mouthguard
  - 1) A tooth and mouth protector (intraoral), if worn must:
    - a. Include an occlusal (protecting and separating the biting surfaces) portion;
    - b. Include a labial (protecting the teeth and supporting structures) portion;
    - c. Cover the posterior teeth with adequate thickness;
  - 2) It is recommended that the protector be properly fitted, protecting the anterior (leading) dental arch and:
    - a. Constructed from a model made from an impression of the individual's teeth; or
    - b. Constructed and fitted to the individual by impressing the teeth into the tooth and mouth protector itself.
  - 3) State associations may deem a tooth and mouth protector required equipment.
- 10-5-5 Note The head coach and any number of assistant coaches may enter the court in the situation where a fight may break out or has broken out to prevent the situation from escalating.
- Official Signal 3 When a held ball occurs, the covering official(s) must stop the clock using Signal 2 (straight arm, open palm extended) while simultaneously sounding the whistle, then give the held-ball signal.

# 2019-20 Basketball Major Editorial Changes

9-9-1 Exception A ball in team control of Team A in the frontcourt that is deflected by a defensive player, which causes the ball to go into the backcourt, may be recovered by either team unless the offense was the last to touch the ball before it went into the backcourt. If the offense was last to touch the ball in its frontcourt, only the defense can legally recover the basketball

### 2019-20 Basketball Points of Emphasis

- 1. Headband and Hair-Control Devices
- 2. Medical Bracelets
- 3. Throw-in Violations
- 4. Pre-Game Meeting with Administrator on Crowd Supervision and Control

# CONNECTICUT INTERSCHOLASTIC ATHLETIC CONFERENCE ANNUAL 2020 BOYS BASKETBALL REGULATIONS

### 1.0 **DIVISIONS**

- Only institutional members of the CIAC are invited to participate in the boys' basketball tournament. The 2019-20 tournament will be formatted to include five (5) divisions. A listing of tournament divisions are available on the boys basketball page at ciacsports.com
- 1.2 Tournament divisions will be posted on the CIAC web site. A team may "opt-up" to the Division I tournament for a one year period by notifying the CIAC office by October 15, 2019. Divisions II, III, IV and V will not be rebalanced if schools opt to move up.
- 1.3 The 2020 Boys' Basketball Championships will be played using a single elimination by division format.

# 2.0 <u>DATES / SITES / TIMES OF GAMES</u>

- 2.1 Member schools may start practice on, but not before, <u>Thursday</u>, <u>December 5, 2019</u>.
- 2.2 Member schools may play the first game on, but not before, <u>Thursday</u>, <u>December 19</u>, 2019.
- 2.3 The last date for games to count for the 2020 Boys' Basketball Tournament will be <u>Tuesday, March 3</u>, 2020.
- 2.4 Scheduled Playing Dates for the 2020 Boys' Basketball Tournament

Qualifying Round	Thursday March 5 or Friday, March 6
First Round	Div. I, III, V – March 9 / Div. II, IV – March 10
Second Round	Div. I, III, V – March 11 / Div. II, IV – March 12
Quarter-finals	Div. III, V – March 13 / Div. I, II, IV – March 16
Semi-finals	Div. III, V – March 17 / Div. I, II, IV – March 18
Finals	March 21, 22 – Mohegan Sun Arena – Times TBA

2.5 <u>Game Times</u> – First and second round single games played at 6:30 p.m.

Quarter-final and semi-final single games played at 7:00 p.m.

Double-headers will be played at 6:00 p.m. and 7:45 p.m. except for finals

Changes in game starting times must be in agreement by both athletic directors and the home athletic director must submit a support ticket via the online eligibility center.

- 2.6 In the event of inclement weather, the site director has the authority to postpone the game. "Back-to-back" games may be scheduled. The site director must immediately notify the tournament director who will make the final decision regarding scheduling and postponement dates. The postponed game will be played on the next day including Sunday.
- 2.7 All <u>Div. I, II, III, IV and V qualifying, first round and second round</u> games will be played at the site of the higher ranked team, provided the court and seating capacity have met CIAC standards. (See Appendix B)

<u>Division I quarter-final and semi-final</u> games will be played at neutral sites.

<u>Division II, III, IV and V</u> quarter-finals will be played at the site of the higher ranked team provided the court and seating capacity have met CIAC standards. Semi-finals will be played at neutral sites.

- a. THE CIAC RESERVES THE RIGHT TO MOVE ANY GAME TO A NEUTRAL LARGER SITE for safety reasons and to allow more spectators to see the game.
- 2.8 All state semi-final and final games will be played at sites determined by the Tournament Director.
- 2.9 Once a neutral site for a game is announced, neither of the competing teams may practice on that site.

#### 3.0 **ENTRY PROCEDURE**

3.1 <u>Schedule Form</u> – All games played with CIAC member schools, the American School for the Deaf, or CIAC-approved out-of-state schools must be reported on the schedule form. Games not included on the schedule form will not count for tournament qualification. This form must be completed and submitted via the password-protected online eligibility center. NO NEW GAMES CAN BE SCHEDULED AFTER DECEMBER 19, 2019.

<u>Game Results</u> – All regular season game scores must be submitted online on the day of the game as soon as possible following the game's completion.

Scores may be entered via the Online Eligibility Center, the "Submit Scores/Forms" option of the "CIAC for Coaches" menu at CIACsports.com, or the "Submit Scores" button in our CIACmobile.com mobile site. Entering scores at CIACsports.com or CIACmobile.com requires either a coach's or scorekeeper's access code, those codes are managed via the Online Eligibility Center and can be retrieved from a school's athletic director

Member schools must make every effort to complete their season as scheduled, including make-up games. Any effort to gain an advantage in tournament play by not playing a game is unacceptable and is subject to action by the CIAC board of control. Cancellation of any regular season contest/make-up to play in a league tournament will not be allowed.

- 3.2 <u>Site Availability Form</u> <u>Due Tuesday, January 28, 2020</u> Must be completed and submitted via the password-protected online eligibility center.
- 3.3 Neutral Site Availability Form Due Tuesday, January 28, 2020.
- 3.4 <u>Tournament Rosters</u> <u>Due Tuesday, March 3, 2020</u> Via the password-protected online eligibility center. **Each school will be allowed up to <u>fifteen (15) boys</u> in uniform**. (App.D.4)

<u>Team Picture</u> – Black and white or color is <u>required</u> – This must be either mailed or e-mailed to the CIAC office by February 28, 2020 – E-mail to <u>jsylvester@casciac.org</u> or mail to 30 Realty Drive, Cheshire, CT 06410.

3.5 <u>Entry Fee</u> – There is a \$100 entry fee for boys basketball.

If a school needs an invoice in order to pay its tournament fee, one can be downloaded by using the "Generate Tournament Invoice" link under the boys basketball options in the password-protected online eligibility center.

3.6 <u>Final Game Scores</u> – Regardless of regular season postponed games, the date of Tuesday, March 3, 2020 MUST BE THE FINAL DAY TO COUNT FOR THE TOURNAMENT. All games played after the entry form has been submitted, <u>must be completed</u>, and scores submitted following the game's <u>completion</u>.

#### 4.0 **EXPENSES / TICKETS**

- 4.1 The CIAC will reimburse schools whose sites are used for qualifying, first round, second round and quarter-final games a fee of \$375 for IV & V schools and \$425 for I, II, III schools per game to help defray the cost of hosting a game. All other expenses except the payment of game officials and the site director will be paid by the host school. The lower ranked team provides the cost of transportation.
- 4.2 Schools will bear all traveling expenses.
- 4.3 The Boys Basketball Committee will pay all game expenses directly associated with the staging of the state semi-finals and final tournament games and for Division I quarter-final games exclusive of travel.
- 4.4 <u>Ticket prices 2019-20</u> -- \* Subject to change depending on the venue

<u>First round – second round – Quarter-finals</u>	
Children five (5) and under	Free
Senior Citizens (age 65 and older)	\$5.00
Students (grades 1-12)	\$5.00
Adults (all others not in the above categories)	\$10.00
Students and Seniors – <b>Semi-finals</b>	\$5.00
Adults – <b>Semi-finals</b>	\$10.00
Finals – ALL TICKETS	\$10.00

<sup>\*</sup>Ticket prices for the state semi-finals and finals are subject to change based upon the venue especially when non-school or college sites are used. On-line pre-sale tickets will be available for events which require advanced sales for proper management of the event.

<u>Passes</u> – During the 2020 tournament the following passes will be honored at qualifying through semifinal games where an admission is charged. CIAC pass WILL NOT be honored at MOHEGAN SUN.

- a. Principal (or designee) of participating schools with CAS membership card
- b. Press Card
- c. CT Association of Athletic Directors (CAAD) membership card
- d. CIAC boys basketball pass (head boys varsity basketball coach must request **in writing** from CIAC and provide a self-addressed stamped envelope written requests ONLY (for use up to semi-finals)
- e. CIAC boys basketball officials' membership card
- f. No other complimentary admission will be permitted

<u>Championship games at Mohegan Sun</u> – CIAC head boys varsity basketball coach <u>only</u> must show I.D. at the ticket window to receive a ticket.

- 4.5 <u>Tickets for pre-sale WILL NOT be distributed by the CIAC office to schools for qualifying, first and second round games</u>. Schools wishing to pre-sell tickets for these games may do so by:
  - a. Making the request to the CIAC office
  - b. Picking up the tickets at the CIAC office
  - c. Using only CIAC tickets, school tickets may not be substituted
  - d. Returning unsold tickets and money to the CIAC office
  - e. Selling no more than 40% of the capacity of the basketball facility

DIVISION I TICKETS WILL BE DELIVERED TO NEUTRAL SITES FOR QUARTER-FINAL GAMES.

4.6 Complimentary tickets will be distributed as follows:

For first round, second round and quarter-final games — The home team for first and second round games will obtain complimentary tickets by removing the first ten (10) tickets from the ticket roll to be used for on-site sale. (Note: A qualifying game will be treated in the same manner as a first and second round game for the distribution of complimentary tickets. For the visiting teams — The principal or designee of opposing team will fax a list of ten (10) people for complimentary tickets to the host school / neutral site for admission. These people must identify themselves at the door.

<u>For semi-final games</u> — Each school will receive ten (10) e-tickets <u>as complimentary tickets</u>. <u>Pre-sale tickets for these games will be distributed to member schools from the CIAC office.</u> **PRE-SALE SCHOOLS <u>MUST</u>** CALL HOST SCHOOL BY 2:00 P.M. THE DAY OF THE GAME AND LET THEM KNOW HOW MANY TICKETS WERE SOLD. WE MUST NOT OVERSELL A GYM.

<u>For final games</u> – Each school will be reimbursed for ten (10) tickets at the finals. A written request must be sent to the CIAC office. **Pre-sale tickets for the finals will be sold online through the Mohegan Sun Arena Box Office.** 

#### 5.0 FORFEITS

5.1 Member schools will be required to submit regular season schedules for all sports controlled by CIAC in which member schools participate. Determination of forfeitures will be based on this schedule.

A forfeit game shall count as a victory for the team declared the winner and as a loss for the team declared a loser in determining tournament qualifications and ratings. For tournament qualifications only the following reasons for a forfeit shall be accepted.

- 5.2 A team shall forfeit a game or games if through a violation it is required to do so under the <u>CIAC Rules of Eligibility</u>.
- 5.3 A team shall forfeit a game if the game official declares the game a forfeit as a result of a National Federation rule violation, or a team refuses to play after being instructed to do so by the game official.
- 5.4 Forfeitures will be honored by CIAC sports committees when there is mutual agreement between the principals of the two schools involved in a game not played or terminated and the reasons for the forfeit have been approved by CIAC. If there is not mutual agreement and not playing the game impacts the tournament in any way, the CIAC sports committee Chair, in conjunction with CIAC staff and the tournament director will make the determination if the game should be forfeited.

When a game is being forfeited both schools involved must: (a) submit the forfeit form, which is found under the options for the sport in question in the CIAC Online Eligibility Center, within 72 hours of the scheduled time of the contest; and, (b) record the result of the game on their schedule as a win or loss (depending on if the school is giving or receiving the forfeit) with the word "Forfeit" entered in the field for the score of the game.

On the eve of a tournament when there is not sufficient time for normal administrative procedures (72 hours) if a question of team forfeiture arises the Executive Director or his/her designees, in consultation with the Chairman of the sports committee affected and the principals of the two schools will make an appropriate ad hoc decision in consideration of the best interests of the tournament as a whole.

- All games listed on the original schedule and submitted to the CIAC which are not played and have not been forfeited in accordance with this policy will be considered by each sport committee as No Contest and shall not count for tournament qualification and ratings unless it affects the minimum number of games required to qualify for tournament participation. In this instance the sport committee shall review the evidence submitted by the teams involved and may grant an exception from the minimum game number requirement. The minimum winning percentage as determined by the individual sports committee must be met under all circumstances.
- 5.6 Member schools must make every effort to complete their season as scheduled, including make-up games. Any effort to gain an advantage in tournament play by not playing a game is unacceptable and is subject to action by the CIAC Board of Control cancellation of any regular season contest / make-up to play in a league tournament will not be allowed.

#### 6.0 **OFFICIALS**

- 6.1 The game officials for all of the tournament games will be assigned by the CIAC. **OFFICIALS WILL BE PAID DIRECTLY BY THE CIAC OFFICE**.
- 6.2 Site directors should meet and greet officials and escort them to their private locker rooms and provide an escort to their cars when they are ready to leave.
- 6.3 IDENTITY OF OFFICIALS ASSIGNED GAMES BY THE ASSISTANT TOURNAMENT DIRECTOR, WILL NOT BE DISCLOSED PRIOR TO THE GAME.
- 6.4 <u>Official Timers and Scorers</u> shall be adults who have been trained to perform their respective duties. The official scorer is required to wear a black and white vertically striped garment.

### 7.0 **PROTESTS**

- 7.1 On the eve of a tournament when there is not sufficient time for normal administrative procedures and Board of Control hearings, if a question of interpretation of tournament regulations or the operation of the tournament arises, the Chairman of the CIAC Board of Control, the Executive Director of CIAC, and the Chairman of the Tournament Committee in question will make an appropriate ad hoc decision in consideration of the best interest of the tournament as a whole.
- 7.2 <u>Decisions by Game Officials</u> Protests arising from the decisions, interpretations and misapplication of the National Federation or CIAC game rules by officials during the contest will not be considered. The decisions and interpretations of the rules by the officials are final.

The record of the official scorekeeper at the conclusion of the contest is final unless an error is discovered. Such error shall be corrected as covered by specific contest rules.

Any team leaving the contest area before the conclusion of the contest because of dissatisfaction with the officiating will render the school liable to disciplinary action by CIAC.

#### 8.0 **QUALIFYING**

- 8.1 To be eligible for consideration in the tournament, a team must play a minimum of twelve (12) games AGAINST VARSITY OPPONENTS and have won 40%\* of its approved scheduled games played. Only the first two games played with any single opponent shall be included in a team's final record.
  - All Division I teams qualify for the tournament. Division II, III, IV and V teams with a .400 or greater win percentage will qualify.

- 8.2 Only games played with Conference member schools, American School for the Deaf, or out-of-state schools who are members of their state athletic association shall be considered.
- 8.3 Games played against non-member CIAC member schools or out-of-state schools who are not members of their state association will not count for tournament standings. However, those games <u>will</u> count toward the 20 game maximum limitation.

# 9.0 **RANKING WITHIN CLASSES**

- 9.1 Teams will be ranked within divisions by winning percentage (number of games won divided by the number of games played). When two or more teams have the same winning percentage, the following steps will be used to break the ties:
  - 1) **Most wins** Example: A 10-10 team would secure the higher ranking over a 9-9 team.
  - 2) **Power Rating** Each school is assigned a power rating based on the records of the school(s) that they beat. Schools receive one point in their power rating for each win each of the opponents they have defeated has during the season. The total number of wins of all the opponents you defeat will be your power rating.

For example – If Team A wins 10 games during the season and those 10 opponents have 13, 12, 11, 10, 10, 7, 7, 7, 6 and 4 wins, Team A's power rating would be 87.

The team with the higher power rating will secure the higher ranking.

#### Notes:

- (1) If a school defeats a team twice, it will receive the number of wins that opponent has twice in its power rating.
- (2) The number of power rating points a CIAC member school will receive for defeating an out-of-state school, who is a member of their state association, is 10. In order to make the rankings on the website not appeared skewed early in the season due to our new policy of giving 10 wins for power points purposes to all out-of-state teams, I have set it up so the rankings pages on the site will show the following in the power points total:
  - Two points for an out-of-state opponent beaten if viewing in December
  - Five points for an out-of-state opponent beaten if viewing in January
  - The full ten points for an out-of-state opponent beaten if viewing in February or March.
- 3) **By-lot Tiebreaker Number** If a tie remains, the team securing the higher ranking will be determined electronically by lot using computer assigned random tiebreaker numbers to be set at the start of the season. The team with the greater tiebreaker number will secure the higher ranking.

9.2 **Pairings** – The pairings will be made as follows:

First Round	Second Round	Quarter-finals	Semi-finals	<u>Finals</u>
1 vs 32 16 vs 17	1 vs 16			
8 vs 25		1 vs 8		
9 vs 24	8 vs 9		1 vs 4	
4 vs 29				
13 vs 20	4 vs 13			
5 vs 28		4 vs 5		
12 vs 21	5 vs 12			1 vs 2
2 vs 31				
15 vs 18	2 vs 15			
7 vs 26		2 vs 7		
10 vs 23	7 vs 10			
3 vs 30			2 vs 3	
14 vs 19	3 vs 14			
6 vs 27		3 vs 6		
11 vs 22	6 vs 11			

- 9.3 If fewer than 32 teams qualify, the higher ranked teams will draw byes for the first round.
- 9.4 If more than 32 teams qualify, the qualifying pairings shall be as follows:

If 33 teams	If 34 teams	If 35 teams	If 36 teams
32 vs 33	32 vs 33	32 vs 33	32 vs 33
	31 vs 34	31 vs 34	31 vs 34
		30 vs 35	30 vs 35
			29 vs 36

- 9.5 A TEAM MAINTAINS ITS INITIAL PERCENTAGE RANKING THROUGHOUT THE TOURNAMENT.
- 9.6 Final ranking and pairing information will be distributed to coaches on the CIAC web site by Wednesday, March 4, 2020 by 2:00 p.m.
- 9.7 <u>League Playoffs</u> League playoff games <u>SHALL NOT BE COUNTED</u> for tournament qualification or rating.

#### 10.0 SUPERVISION / SPORTSMANSHIP

- 10.1 Players and coaches disqualified in a game will be required to serve the additional penalty as outlined in the CIAC regulation on "Disqualification."
- In the interest of crowd control and proper supervision the CIAC Board of Control has approved the tournament regulation requiring the principal of the participating schools or his/her designee to attend all tournament games. The school administrator should identify him/herself to the site director.
- When a member school's coach is ejected from a game for an infraction as prescribed by the rules, the game may <u>not</u> continue until the member school replaces the ejected coach <u>with a certified coach</u>. If this cannot be accomplished within 15 minutes after the ejection, the official in charge will declare a forfeit win for the opposing team.

- 10.4 Use of tobacco and vaping products or possession of alcoholic beverages of any kind, including champagne, are not permitted in the gymnasium. The principal or his/her designee at the game shall see that this rule is enforced and adhered to by the teams.
- 10.5 <u>Conduct and Good Sportsmanship</u> We require that all school personnel administrators, faculty, and coaches give special and specific emphasis about CIAC's expectations for good sportsmanship during the basketball tournament requiring that athletes and members of the student body conduct themselves in a manner that reflects nothing but credit upon your school. Any unsportsmanlike conduct on the part of students and adults is unacceptable and will be addressed with strong and appropriate measures. The CIAC is the guests of the site school or private facility and as guests, we shall act in full accord with our principles of sportsmanship. (See Appendix F)
- 10.6 SPORTSMANSHIP -- Member schools are expected to conduct their relations with each other at all levels of competition in a spirit of good sportsmanship. Everyone involved has the obligation to see clearly his/her influence and act accordingly. The CIAC acknowledges that the school administration is responsible for the athletic program, including the making of broad and specific policies and procedures relating to sportsmanship and the conduct of activities in the school. To that end, the CIAC urges each school principal to adopt the following sportsmanship procedures and standards for their school and to champion the "Class Act" sportsmanship program as these standards will be used in all CIAC post-season contests.

#### **CIAC Sportsmanship Guidelines**

- The CIAC request that all school personnel administrators, faculty, and coaches give special and specific emphasis about CIAC's expectations for good sportsmanship during the regular season as well as CIAC tournaments requiring that athletes and members of the student body conduct themselves in a manner that reflects nothing but credit upon your school. Any unsportsmanlike conduct on the part of students and adults is unacceptable and will be addressed with strong and appropriate measures.
- The CIAC sportsmanship standards should be as widely disseminated as possible using the student-parent handbook, student-athlete handbook, school newspaper, parent newsletter, school web site and the local media.
- The CIAC sportsmanship standards for spectators should be read by PA announcers prior to each contest.
- The CIAC sportsmanship standards of conduct be prominently posted at all sports venues.
- When event programs are provided, the CIAC sportsmanship standards be included.
- Member schools require having athletes, parents/guardians, sign an acknowledgement which would show that they have read the student-athlete handbook and understand the CIAC sportsmanship standards.
- Member schools work with community officials to insure that levels of the CIAC sportsmanship standards are enforced when contests are held at their school and at non-school facilities.
- The CIAC and the CIAC sports committees insist the CIAC sportsmanship standards be rigorously enforced at all regular season contests and at all CIAC tournament contests. This is particularly important when contests are held at non-school sites.
- Member schools will conduct a pre-season meeting with student-athletes, coaches and parents to review the CIAC sportsmanship standards.
- Member schools should communicate with opposing schools and inform them they are a "Class Act School" and provide them with the CIAC sportsmanship standards which will be strictly adhered to.
- Member schools hosting a game should make available to visiting schools necessary game information –
  includes directions for parking, location of ticket booths, seating arrangement, ticket prices, game time,
  directions for each game site.
- Member schools hosting a game should designate specific seating areas for students, bands, adults and visitors. If possible, opposing student bodies should be separated.
- Member schools hosting a game should arrange for adequate police supervision.
- When possible the member schools hosting a game should assign officials to dressing facilities separated from both teams. Provides escorts for the officials when it appears that disturbances may develop.

- Member schools should take measures to prevent fans from getting near or on the playing area and around the players benches. After the contest, prevents fans from going onto the playing area.
- Member schools should provide for adequate supervision of students and facilities. Supervisors should sit in the stands with the students.
- Member schools should support and adhere to ALL the following CIAC standards.

# The CIAC "Class Act" Sportsmanship Standards

# **ALL Spectators** (including parents):

- Will adhere to the host school's acceptable dress code at all home and away contests commensurate with classroom behavior. For CIAC tournament contests all spectators will be appropriately attired with their torso completely covered and with no visible degrading or demeaning writings/logos.
- Any signs displayed must be positive in nature, reference only the school supported by the sign maker, and must be pre-approved by the Athletic Director of the school reference in the sign.
- During outdoor sports, no air horns or horns of any kind or whistles will be used, and any other noisemakers will be allowed with the host athletic director's approval and only be used during "dead ball" situations to celebrate good play. During indoor sports, no noisemakers will be used. Pep bands are allowable at a home contest if the school provides adult supervision and the band only plays during "dead ball" situations.
- Spectators will cheer positively to support their team, will not cheer negatively against the opponent.
- Spectators will show respect for the game officials and their decisions.
- Spectators will show respect for the playing of the National Anthem.

#### **Game Personnel / Announcers**:

- Will explain and consistently enforce host school expectations for spectators.
- Will be enthusiastic but not show favoritism while making announcements, and never publicly question or criticize the players, coaches, or officials.
- Will encourage respect for the National Anthem and remind spectators to remove caps and stand.

#### Coaches

- Will exemplify high moral character, behavior and leadership, lead by example, and set a standard for players and spectators to follow both on and off the athletic arena.
- Will teach players the rules of the game and to respect the game, and will take action when athletes exhibit poor sportsmanship.
- Will respect the integrity and judgement of officials and will not publicly criticize or question the decisions of officials.
- Will be aware of the competitive balance of contests and will manage the score in a manner that is sportsmanlike and respectful of opponents.

#### Players:

- Will accept the responsibility and privilege the student-athlete has in representing their school and community by learning and showing teamwork, sportsmanship and discipline in all aspects of the game.
- Will demonstrate respect for self, coach, teammates, opponents, officials and spectators by exhibiting good character and conducting themselves as a positive role model.
- Will win and lose graciously.
- Will cheer for your team, not against your opponent.
- Will congratulate opponents in a sincere manner following either victory or defeat.

#### 11.0 TOURNAMENT RULES / PROCEDURES

11.1 **Rules** – Rules – All contests shall be governed by CIAC and National Federation Rules.

- 11.2 <u>Uniforms</u> All teams will be required to have <u>two</u> (2) sets of NUMBERED JERSEYS (alternate colors). The numbers 6, 7, 8, 9 may not be used, singly or in combination.
  - The higher ranked team will wear the light colored jerseys and have the choice of team bench and for this purpose the original rating assigned to a team will be maintained throughout the tournament.
- 11.3 <u>Ball</u> -- Each school will bring a <u>SPALDING TF 1000 LEGACY</u> game ball in good condition. Teams should provide their own for pre-game warm-up.
- 11.4 <u>Bands</u> Bands, dance teams and similar organizations may perform at the semi-finals and finals with prior permission from the tournament director.
- 11.5 <u>Cheerleaders</u> Cheerleaders of participating schools, if supervised, will be admitted free to tournament games in which their school team participates. Each school will be allowed <u>UP TO 20 cheerleaders in uniform</u>.
- 11.6 <u>Crowd Control</u> The CIAC Regulations for Insuring Maximum Crowd Control apply to the boys basketball tournament.

#### 11.7 **Late Entry Policy**

- No tournament entries will be accepted after the established deadline except those approved by the CIAC Board of Control.
- Corrections requested by a school to an entry form that was submitted by the established deadline but prior to seeding/pairing data being published on the web site, will be assessed a fee of \$50 per correction to a maximum of \$250.
- o All requests for corrections must be submitted on a support ticket via the online eligibility center.

#### 11.8 **Tournament Regulations Violations**

If a school fails to comply with tournament regulations and such requires the CIAC tournament sports committee, central office staff, or the CIAC Board of Control to redo any portion of the tournament pairings or such non-compliance adversely impacts the management of the tournament, an administrative violation fee of \$500 will be imposed upon the school before entry into the tournament will be allowed.

- 11.9 **Towels** Shall be furnished by the participating teams.
- 11.10 Solicitation of Funds / Selling T-shirts, etc. Solicitation of funds or selling merchandise for any purpose at any of the tournament games is prohibited unless permission to do so is given by CIAC. (Marketing Special Promotions has a contract with and thereby authorized by CIAC to sell T-shirts and other merchandise at the basketball championship games.) Food, candy and beverages may be sold by the site schools.
- 11.11 <u>Movies, Video Tape</u> Prior permission of the site director must be obtained if video tape and/or movie equipment is to be used during tournament games. The use of this equipment is limited to participating schools and is only for post-game use of the teams involved. No commercial use of these tapes or films is permitted.

<u>It is considered to be unethical for an athletic department to video an opponent without their knowledge</u> and approval.

All non-commercial videotaping at tournament sites must not create a safety hazard, or obstruct a view.

- 11.12 **<u>Half-time</u>** For the FINAL GAME ONLY the half-time will be 10 minutes in duration.
- 11.13 Visiting teams may request earlier start time, however, such requests must be made as soon as possible via a support ticket.

#### APPENDIX A

# 98th ANNUAL BOYS BASKETBALL SCHEDULE

The boys basketball schedule form must be submitted via the password-protected online eligibility center. No games may be scheduled after December 19, 2019.

# 2019-20 Boys Basketball Divisions After Enrollment

Division I – 24 Division II – 35 Division III – 37 Division IV – 39 Division V - 48

- 1. By individual schools in classifying teams listed on their basketball schedule
- 2. Only the first TWO games against the same VARSITY opponent will be counted toward tournament qualification.
- 3. Games **NOT LISTED** on this schedule form will not count toward tournament qualification.
- 4. Your schedule points will be determined by this schedule. If you participate in multi-team tournaments, list possible opponents on this schedule.

#### APPENDIX B

# CRITERIA TO BE USED FOR SELECTION OF SITES FOR QUALIFYING, FIRST ROUND, SECOND ROUND AND QUARTER-FINAL GAMES

# Home Sites – Qualifications and Neutral Sites Criteria

The home site qualification form and neutral sites criteria must be submitted via the password-protected online eligibility center by January 28, 2020. If athletic directors have questions – please contact Dave Schulz at (203) 650-5765.

# FAILURE TO SUBMIT THIS FORM $\underline{MAY}$ COST YOU A FIRST ROUND, SECOND ROUND OR QUARTERFINAL GAME.

Boys basketball quarter-finals will be determined by:

- 1. Tournament Director reserves the right to select a site based on previous experience with schools involved throughout the tournament.
- 2. Seating capacity per division:

Division I – 1,000 Division II and III – 800 Division IV – 600 Division V - 500

- 3. Schools have the opportunity to find a neutral school in their area if their site does not meet the criteria.
- 4. Play at their opponent's site if their capacity meets CIAC standards.
- 5. The CIAC reserves the right to move any game to a neutral larger site for safety reasons and to allow all spectators to see the game.

#### APPENDIX C

#### SELECTION METHOD FOR CIAC BASKETBALL OFFICIALS

- 1. Each IAABO board will communicate to the CIAC online its list of approved, varsity officials prior to January 17, 2020.
- 2. **Regardless of win/loss record** between January 28, 2020 and February 13, 2020 each CIAC school is required to submit to CIAC online a list of eight (8) varsity officials from its officials board (the board which assigns their home games) who are competent to officiate tournament games. In addition, each school is asked to submit two (2) varsity officials from other boards whose abilities are of tournament caliber. If you lack sufficient knowledge about "outside" board officials, please leave those spaces blank. **DO NOT ADD OFFICIALS FROM YOUR BOARD.** Failure to comply with this requirement will result in the loss of a school's privilege to scratch officials.
- 3. Ballots are tabulated and a complete list of officials is compiled, along with numbers of votes received by each official.
- 4. This list is presented to the CIAC advisory committee on Officials for study and input. The advisory committee consists of the commissioners from officials boards that have one or more officials who have received sufficient votes to participate in the tournament, and the Assistant Tournament Director.
- 5. A master list of approximately 92 of the most qualified varsity officials in Connecticut (based on the votes of coaches) is established. The list must be sufficiently large to accommodate the number of games scheduled for any one night, in addition to those officials who are not available due to prior commitments.
- 6. The number of varsity officials selected from each board is based on the percentage of schools each board serves, relative to the total number of CIAC schools in CIAC basketball.
- 7. The list of tournament officials is prepared and presented to participating coaches on the CIAC web site by February 19, 2020
- 8. Coaches will be allowed to scratch the names of <u>NO MORE THAN TWO (2) OFFICIALS</u> whose services they would prefer not to have. Coaches MUST use the CIAC web site to scratch officials. Deadline: Monday, March 9, 2020, 7:00 p.m. This information will be considered in making assignments for second round, quarter-final, semi-final and final games.
- 9. "Teams" of officials will be selected from within each board. In assigning officials for all tournament games the Assistant Tournament Director will normally select from a "neutral board" when competing teams come from different board representation. If both competing teams are from the same board, officials from that board may be assigned. The Assistant Tournament retains the authority to assign from any board in the event of extenuating circumstances.
- 10. All assignments will be made by the Assistant Tournament Director. The identity of varsity officials assigned to games will not be disclosed prior to games.
- 11. In accordance with action taken by the boys basketball committee, three (3) officials will be assigned to the quarter-finals, semi-finals and finals of all boys basketball games. At the discretion of the assistant tournament director, three person officiating crews may be used at any point in the tournament.
- 12. Semi-final victors will be allowed **one additional scratch of an official** from the tournament list of officials.

#### APPENDIX D

#### 2020 BOYS BASKETBALL ENTRY FORM

(Limited to Members of the Conference)

- 1. Tournament rosters must be submitted via the password-protected online eligibility center by Tuesday, March 3, 2020.
- 2. Entry fee of \$100 must be mailed to the CIAC office, 30 Realty Drive, Cheshire, CT 06410

If a school needs an invoice in order to pay its tournament fee, one can be downloaded by using the "Generate Tournament Invoice" link under the boys basketball options in the password-protected online eligibility center.

3. Report all varsity games won or lost with member schools, out-of-state schools, or American School for the Deaf online on the day of the game as soon as possible following the game's completion. Date of last game to count is Tuesday, March 3, 2020. All scheduled games are to be listed on the entry form. Scores may be entered via the Online Eligibility Center, the "Submit Scores/Forms" option of the "CIAC for Coaches" menu at CIACsports.com, or the "Submit Scores" button in our CIACmobile.com mobile site. Entering scores at CIACsports.com or CIACmobile.com requires either a coach's or scorekeeper's access code, those codes are managed via the Online Eligibility Center and can be retrieved from the school's athletic director. Games played with out-of-state schools must have been reported to CIAC for investigation and rating not later than December 19, 2019. Out-of-state games not reported by this date may count as losses for tournament purposes.

Member schools must make every effort to complete their season as scheduled, including make-up games. Any effort to gain an advantage in tournament play by not playing a game is unacceptable and is subject to action by the CIAC Board of Control. Cancellation of any regular season contest / make-up to play in a league tournament will not be allowed.

- 4. **Each school will be allowed up to fifteen (15) boys in uniform**. There cannot be any alternates or substitutes to the original list of fifteen submitted. (DISREGARD OF THIS RULE MAY MEAN AUTOMATIC DISQUALIFICATION.)
- 5. EACH PLAYER LISTED MUST BE ASSIGNED A NUMBERED UNIFORM FOR BOTH <u>WHITE</u> AND <u>DARK</u> JERSEYS. Also list his GRADE LEVEL in school and HEIGHT.
- 6. The PRINCIPAL of the participating school is responsible for the knowledge, distribution and implementation of the CIAC Crowd Control Regulations which appear in the CIAC Handbook.
- 7. THE HIGER RANKED TEAM SHALL WEAR WHITE JERSEYS. THE ORIGINAL RATING ASSIGNED TO A TEAM WITHIN ITS ENTIRE STATEWIDE DIVISION WILL BE MAINTAINED THROUGHOUT THE TOURNAMENT.

Always have alternate jerseys available. In cases of similarity of colors, the lower ranking team will wear color assigned by the site director.

#### **CERTIFICATION:**

The school principal certifies that the individuals listed on the Official Tournament Entry Form have satisfied the State health Statutes, CIAC and local regulations regarding physical examinations.

# APPENDIX E

# CIAC BOYS BASKETBALL TOURNAMENT

# SPORTSMANSHIP STATEMENT

To be read on the public address system by the captains at all CIAC 2020 basketball tournament games:

To b	"Welcome to tonight's game between and the (opposing school and mascot
	nickname). We view the basketball court as an extension of the classroom where we learn the principles of
	sportsmanship, fair play, and respect for others. Tonight we ask for your enthusiastic support for these important
	principles as you root for your respective team."
To b	read by the Visiting Team Captain:
To b	read by the Visiting Team Captain:  "We also ask that you support the student-athletes from both participating schools by honoring our request to treat
To b	
To b	"We also ask that you support the student-athletes from both participating schools by honoring our request to treat
To b	"We also ask that you support the student-athletes from both participating schools by honoring our request to treat
To b	"We also ask that you support the student-athletes from both participating schools by honoring our request to treat

#### APPENDIX F

# CIAC 2019-2020 BOYS BASKETBALL TOURNAMENT Memorandum to All Site Directors and Competing Schools

The Connecticut Interscholastic Athletic Conference appreciates the use of your facilities and the following is offered with the idea of assisting those who have been designated as Site Directors. The close observance of these suggestions will make for a smooth-running tournament and will bring satisfaction and enjoyment to all.

The Site Director – In order to operate one of its most important programs the CIAC has selected competent school personnel to take complete charge of the games in the basketball tournament. The site director is entirely responsible for the particular game assigned to his/her school; he/she is the direct representative of the organization and, more specifically, of the Basketball Committee and the Tournament Director. While the site director obviously cannot do all the work him/herself, it is his/her responsibility to engage such competent personnel as may be needed to see that the program is conducted successfully. However, site directors are requested to be realistic regarding the hiring of personnel. Site directors will have to use their best judgment depending on anticipated attendance. Only adults should be assigned to the positions of timer and scorer, and the scorer must be reminded to get from each team the name and number of each squad member as well as the five starting players. It is most advisable to have a hand operated clock(s) on hand and expert scorers in the event that the electrical clock and/or scoreboard become inoperative. Serious violations of CIAC policy or worthwhile recommendations on the part of participating schools should be reported in writing to the Tournament Director immediately after the game. ALL EXPENSES WILL BE PAID DIRECTLY FROM CIAC OFFICE. Return all proceeds of ticket sales and all expenses incurred to CIAC office. Remind officials that they have complete charge of the actual playing of the game. RETURN UNSOLD TICKETS, INCOME, EXPENSES AND FINANCIAL REPORT TO CIAC OFFICE AS SOON AS POSSIBLE AFTER GAME IS PLAYED.

<u>Telephone or Text Scores of Games Immediately</u> – Every site director knows full well that in order to operate a successful tournament, things should move smoothly and rapidly. This is particularly true when it comes to making pairings and selecting sites for the next game, and as a consequence we must know as soon as possible the results of all games – which team won, and the score. We are, therefore, asking each site director to TELEPHONE or TEXT the results of each game immediately at the conclusion of the contest. This is a very important responsibility and we ask your full cooperation. Tournament Director – Dave Schulz – telephone (203) 650-5765.

### **Opening Ceremony**

- 1. Arrange for playing the National Anthem before the start of each game.
- 2. Draft a short memo to be read to the spectators before each game which will include: Important crowd control regulations such as prohibition of horns, whistles, etc., as well as the encouragement of good sportsmanship.

<u>Supervision of Locker Rooms</u> – Provide for supervision in each team's locker room before, during and after the game in order to prevent vandalism of facilities or theft of personal property.

<u>Officials</u> – The game officials will be assigned by the CIAC, and they will take complete charge of the actual playing of the game itself. Officials should be met at the door, escorted to their locker rooms before and at the conclusion of the game, and escorted to their cars when they are ready to leave. Officials will be paid directly by CIAC. All other operational details are the responsibility of the site directors. Please provide parking for officials close to the entrance of the gym.

<u>Press</u> – Adequate publicity and favorable public relations are necessary in the operation of any tournament, and in this connection the CIAC appreciates the work and contribution of a fine group of people who bring accounts of our individual games to the public. Consequently, we are asking our site directors to see that newspaper writers and radio sportscasters are treated courteously and supplied with as good accommodations as are possible consistent with the facilities available. Members of the press will, upon proper identification, be admitted to any game. Newspaper reporters who are actually

covering the game should be provided a seat at a table in the press box or "on the floor," or at least where spectators will not be jumping up and down, blocking their view.

<u>Stringers</u> – Some large newspapers which cover many regional games in one evening send out part-time reporters (stringers) who do not carry press passes. The newspaper, through the head of the sports department, should notify the site director the afternoon of the game that one of these "stringers" will be at the game that evening. When he has properly identified him/herself, admit him/her and provide a place at the press table. If he brings a guest, assign this person to a seat in the stands. Do not accept for admission white tickets which merely indicate that the holder is a member of the Sports Writers Alliance.

<u>Telephone</u> – If at all possible, at the conclusion of the game, try to make telephones available so that a reporter can call his/her game into his/her newspaper if he/she has to make an important deadline.

<u>Completion of Final Report – Important</u> – A very important responsibility of the site director is the completion of the final financial report of each game. Kindly make a separate report for each contest; use one copy of the form enclosed with tickets as a work sheet and send one copy to the Tournament Director, CIAC, 30 Realty Drive, Cheshire, CT 06410, as soon as possible after the game. If the report can be typewritten, it will be appreciated. Honoraria will be mailed to site directors by the CIAC as soon as all tournament financial reports are in the hands of CIAC.

All tickets will be numbered and the site director should carefully indicate on his/her report the "starting number" and the "next unused number." The difference between these two figures should indicate the actual number of tickets sold. (There is a tendency to forget that the printed numbers of tickets are inclusive.)

#### APPENDIX G

Connecticut State Department of Education and the Connecticut Interscholastic Athletic Conference Concussion and Head Injury Annual Review 2019-20 Required for ALL School Coaches in Connecticut

This document was developed to provide coaches with an annual review of current and relevant information regarding concussions and head injuries. It includes guidance from the 2017 Concussion in Sport Group consensus statement that was developed to provide further understanding and management of sports-related concussion.

In addition to reviewing this document, the annual review must include one of the following prescribed resources: Connecticut Concussion Task Force video, Centers for Disease Control and Prevention (CDC) Heads Up: Concussion in Youth Sports training course, or the National Federation of State High School Associations (NFHS) concussion training course. Links to these resources can be found at: <a href="http://concussioncentral.ciacsports.com/">http://concussioncentral.ciacsports.com/</a>. A new form is required to be read, signed, dated and kept on file by coaches' associated school district annually to comply with Section 10-149b of the Connecticut General Statutes, *Concussions: Training courses for coaches. Education plan. Informed consent form. Development or approval by the State Board of Education. Revocation of coaching permit.* 

#### What is a Concussion?

"A concussion is a type of traumatic brain injury, or TBI, caused by a bump, blow, or jolt to the head or by a hit to the body that causes the head and brain to move rapidly back and forth. This sudden movement can cause the brain to bounce around or twist in the skull, stretching and damaging the brain cells and creating chemical changes in the brain." (CDC, 2017)

#### **Section 1. Concussion Education Plan Summary**

The <u>Concussion Education Plan and Guidelines for Connecticut Schools</u> was approved by the Connecticut State Board of Education in January 2015. Below is an outline of the requirements of the Concussion Education Plan. The complete document is accessible on the CSDE web site at <a href="http://portal.ct.gov/SDE/Publications/Concussion-Education-Plan-and-Guidelines-for-Connecticut-Schools">http://portal.ct.gov/SDE/Publications/Concussion-Education-Plan-and-Guidelines-for-Connecticut-Schools</a>

State law requires that each local and regional board of education must approve and then implement a concussion education plan by using written materials, online training or videos, or in-person training that addresses, at a minimum the following:

- 1. the recognition of signs or symptoms of concussion;
- 2. the means of obtaining proper medical treatment for a person suspected of sustaining a concussion;
- 3. the nature and risks of concussions, including the danger of continuing to engage in athletic activity after sustaining a concussion:
- 4. the proper procedures for allowing a student-athlete who has sustained a concussion to return to athletic activity; and
- 5. current best practices in the prevention and treatment of a concussion.

#### Section 2. Signs and Symptoms of a Concussion: Overview

A concussion should be suspected if any one or more of the following signs or symptoms are present following an impact or suspected impact as described in the CDC definition above.

#### Signs of a concussion may include (i.e. what the athlete displays/looks like to an observer):

- Confusion/disorientation/irritability
- Trouble resting/getting comfortable
- Lack of concentration
- Slow response/drowsiness
- Incoherent/ slurred speech
- Slow/clumsy movements
- Loses consciousness
- Amnesia/memory problems

- Acts silly/combative/aggressive
- Repeatedly ask same questions
- Dazed appearance
- Restless/irritable
- Constant attempts to return to play
- Constant motion
- Disproportionate/inappropriate reactions
- Balance problems

#### Symptoms of a concussion may include (i.e. what the athlete reports):

- Headache or dizziness
- Nausea or vomiting
- Blurred or double vision

- Oversensitivity to sound/light/touch
- Ringing in ears
- Feeling foggy or groggy

State law requires that a coach MUST immediately remove a student-athlete from participating in any intramural or interscholastic athletic activity who: a) is observed to exhibit signs, symptoms or behaviors consistent with a concussion following a suspected blow to the head or body, or b) is diagnosed with a concussion, regardless of when such concussion or head injury may have occurred. Upon removal of the athlete, a qualified school employee (principal, teacher, licensed athletic trainer, licensed physical or occupational therapist employed by a school district, coach or school paraprofessional) must notify the parent or legal guardian within 24 hours that the student-athlete has experienced a head injury and has exhibited signs and symptoms of a concussion.

#### Section 3. Return to Play (RTP) Protocol Overview

It is impossible to accurately predict how long an individual's concussion will last. There must be full recovery before a student-athlete is allowed to resume participating in athletic activity. Connecticut law now requires that no athlete may resume participation until she/he has received written medical clearance from a licensed health care professional (physician, physician assistant, advanced practice registered nurse (APRN), athletic trainer) trained in the evaluation and management of concussions.

#### **Concussion Management Requirements:**

- 1. No athlete SHALL return to participation in the athletic activity on the same day of head injury or concussion.
- 2. If there is any loss of consciousness, vomiting or seizures, the athlete MUST be transported immediately to the hospital.
- 3. The athlete should not be left alone after the injury. Close observation and monitoring of an athlete MUST continue following a concussion or head injury to ensure that there is no worsening/escalation of symptoms.
- 4. Any athlete with signs or symptoms related to a concussion MUST be evaluated by a licensed health care professional (physician, physician assistant, advanced practice registered nurse (APRN), athletic trainer) trained in the evaluation and management of concussions
- 5. The athlete MUST obtain an <u>initial</u> written clearance from one of the licensed health care professionals identified above directing her/him into a well-defined RTP stepped protocol similar to the one outlined below. If at any time signs or symptoms return during the RTP progression, the athlete should cease activity.
- 6. After the RTP protocol has been successfully administered (no longer exhibits any signs or symptoms or behaviors consistent with concussions), final written medical clearance is required by one of the licensed health care professionals identified above for the athlete to fully return to unrestricted participation in practices and competitions.

Medical Clearance RTP protocol (There should be at least 24 hours for each step of the progression)

Stage	e Rehabilitation Steps/Aim	Functional exercise at each step of rehabilitation/activity	Goal to each step			
0	It is recommended that	an initial period of 24-48 hours of both relative physical rest an				
	beginning the RTP progression identified in Stages one through six below (McCrory, P.et al., 2017). If at any time signs					
	· 1	orsen during the RTP progression, the athlete should stop activity	, ,			
		next day, she/he may resume the RTP progression at the last steel. If symptoms persist (example, more than four days in children				
		ferred to a healthcare professional who is an expert in the manage				
1	Symptom-limited	Daily activities that do not provoke symptoms	Gradual reintroduction of work/			
	activity		school activities			
2	Light aerobic	Walking or stationary cycling at slow to medium pace.	Increase heart rate			
	exercise	No resistance training.				
3	Sport-specific exercise	Running or skating drills. No head impact activities	Add movement			
	No contact					
4	Non-contact training	Harder training drills (example, passing drills). May start	Exercise, coordination and			
	drills	progressive resistance training.	increased thinking			
5	Full contact practice	Following medical clearance, participate in normal training	Restore confidence and assess			
		activities	functional skills by coaching staff			
6	Return to sport	Normal game play	Return to full athletic participation			

#### Section 4. Local/Regional Board of Education Policies Regarding Concussions

	2 2	
****	Attach local or regional board of education concussion policies	*****

I have read and understand this document and have viewed the prescribed resource material. I understand that state law requires me to immediately remove any player suspected of having a concussion and to not allow her/him to return to participation until she/he has received written medical clearance by a licensed health care professional trained in the evaluation and management of concussions.

Coach: (Print Name)_	School
Coach Signature:	Date

**References:** McCrory, P., Meeuwisse, W., Dvorak, J., Aubry, M., Bailes, J., Broglio, S., et al., Vos, P. (2017). Consensus statement on concussion in sport – The 5<sup>th</sup> international conference on concussion in sport held in Berlin, October 2016. *British Journal of Sports Medicine*, 0, 1-10. Doi: 10.1136/bjsports-2017-097699. Retrieved from <a href="http://bjsm.bmj.com/content/bjsports/early/2017/04/26/bjsports-2017-097699.full.pdf">http://bjsm.bmj.com/content/bjsports/early/2017/04/26/bjsports-2017-097699.full.pdf</a>

Resources: CDC. (2017). Heads up: Concussion in high school sports. Retrieved from <a href="http://www.cdc.gov/NCIPC/tbi/Coaches">http://www.cdc.gov/NCIPC/tbi/Coaches</a> Tool Kit.htm CDC. (2017). Injury prevention & control: Traumatic brain injury. Retrieved from <a href="http://www.cdc.gov/TraumaticBrainInjury/index.html">http://www.cdc.gov/TraumaticBrainInjury/index.html</a>

CDC. (2017). Heads up: Concussion in High school sports guide for coaches. Retrieved from <a href="http://www.cdc.gov/headsup/highschoolsports/coach.html">http://www.cdc.gov/headsup/highschoolsports/coach.html</a>

CDC. (2017). Heads up: Concussiono materials, fact sheets and online courses. Retrieved from http://www.cdc.gov/headsup/

CIAC Concussion Central. Retrieved from http://concussioncentral.ciacsports.com/

# APPENDIX H

# FROM THE ARCHIVES – CIAC BOYS BASKETBALL CHAMPIONS THROUGH THE YEARS

Year	Winner	Runner-up	Year		Winner	Runner-up
1921-22 A	Naugatuck (Declared winner	r on season's record)	1946-47	L	Hillhouse 43	Leavenworth 30
1921-22 A 1922-23 A	Wilby-Waterbury 21	Naugatuck 20	-, .,	M	Branford 33	Wilcox Tech. 31
1923-24 A	Hillhouse-New Haven 32	Bristol 16		S	Old Saybrook 38	Torrington 29
C-D	Simsbury 26	Branford 22	1947-48		Hillhouse 37	Torrington 29
	-			M	Lyman Hall 48	Shelton 38
1924-25 A	Torrington 34	Stamford 25		S	Ellsworth 45	Bloomfield 43
C-D	Litchfield 29	West Hartford 23	1948-49		New Britain 58	East Hartford 46
1925-26 A	Hillhouse-New Haven 13	Torrington 10	1710 17	M	Sacred Heart, Wtby. 41	Darien 31
C-D	Litchfield 14	Terryville 13		S	Tourtellotte 62	Clinton 31
1926-27 A	Bristol 27	Hillhouse 13	1949-50		New Britain 38	Bpt. Central 37
C		eavenworth-Wtby 16	1717 50	M	Stonington 48	Darien 46
D	Tourtellotte-Thompson 37	Litchfield 15		S	Tourtellotte 40	Ellsworth 26
1927-28 A	Bristol 22	Harding-Bpt. 17	1950-51	Ĺ	Bulkeley, New London 50	
C	Canton 21	Deep River 15	1,0001	M	Derby 44	Sacred Heart 39
D	Terryville 37	Essex 25		S	Tourtellotte 45	Berlin39
1928-29 A	Bristol 22	Hillhouse 16	1951-52		Hillhouse 54	Harding 53
C-D	Tourtellotte 24	Putnam 22	1701 02	M	Shelton 67	Wethersfield 47
1929-30 A	Naugatuck 27	Bpt Central 23		S	Simsbury 56	East Hampton 38
C-D	Branford 32	Putnam 6	1952-53		Wilby 62	New London 53
1930-31 A	Naugatuck 27	Manchester 18	1702 00	M	Lyman Hall 48	East Haven 47
C-D	Killingly 35	New Milford 11		S	Stafford 52	Suffield 47
1931-32 A	Hillhouse 24	Bristol 20	1953-54		Weaver 58	Hillhouse 42
C-D	New Canaan 41	Tourtellotte 34	1755 51	M	East Haven 55	Gilbert, Winsted 36
1932-33 A	Bristol 23	Hillhouse 21		S	Terryville 59	Morgan, Clinton 48
C-D	New Canaan 25	Thomaston 24	1954-55		Hillhouse 61	Ludlowe, Ffld 47
1933-34 A	Bristol 35	Bpt Central 33	1751 55	M	East Haven 54	Wilcox Tech. 32
C-D	New Canaan 25	Salisbury 20		S	Ellsworth 52	Windsor Locks 33
1934-35 A	Meriden 29	Harding-Bpt. 23	1955-56		Weaver 62	Manchester 52
C-D	Old Saybrook 24	New Milford 18	1733-30	M	Stonington 62	East Haven 60
1935-36 L	Meriden 24	Hillhouse 19		S	New Canaan 72	Putnam 58
M	Branford 29	Lyman Hall 19	1956-57		Weaver 77	Hillhouse 72
S	Terryville 35	Killingly 29	1750-57	M	East Haven 76	Seymour 52
1936-37 L	Hillhouse 34	Bristol 24		S	New Canaan 70	Windsor Locks 51
M	Branford 38	Lyman Hall 17	1957-58		Wilbur Cross 69	Bulkeley, Htfd. 50
S	Staples-Westport 26	Farmington 23	1757 50	M	Darien 49	East Haven 38
1937-38 L	Manchester 32	Naugatuck 25		S	New Canaan 59	Woodbury 49
M	Branford 37	Windsor 17	1958-59		Wilbur Cross 55	Hillhouse 53
S	Bloomfield 13	Terryville 8	1750 57	M	Plainville 59	Lyman Hall 47
1938-39 L	Bridgeport Central 35	Bassick-Bpt. 25		S	Litchfield 56	Ellsworth 39
M		Ianchester Trade 33	1959-60		Wilbur Cross 79	Notre Dame, WH 58
S	Ellsworth-S. Windsor 39	Farmington 21	1757 00	M	East Haven 54	Abbott, Danbury 47
1939-40 L	Bassick 35	Stratford 25		S		St. Anthony, Bristol 62
M	Lyman Hall-Wallingford 45		1960-61		Wilbur Cross 65	Hartford Public 59
S 1040 41 I	Ellsworth 55	Glastonbury 17	1,0001	M	Plainville 45	Lyman Hall 36
1940-41 L	Windham 25	Bristol 24		S	Bloomfield 59	Windsor Locks 55
M	Manchester Trade 49	Branford 34	1961-62		Hartford Public 67	Bulkeley, Htfd 64
S 1041-42-1	Ellsworth 39	Bloomfield 29	-,	M	New Canaan 49	Plainville 48
1941-42 L	Naugatuck 36	Crosby-Wtby 33		S	Thomaston 63	Portland 55
M		oodrow Wilson 35 Portland 29	1962-63		Hillhouse 68	Wilbur Cross 65
S 1042-42-1	Old Saybrook 31		-,	M	East Haven 38	Plainville 25
1942-43 L	Harding 51 Plainville 41	Stamford 29		S	Ellington 45	Durham 38
M S	Ellsworth 34	Watertown 27 Tourtellotte 24	1963-64		Hillhouse 64	Hartford Public 49
1943-44 L		New Britain 27		M	Middletown 66	East Catholic 53
1943-44 L M	Torrington 36 East Hartford 30	Branford 37		S	LaSalette, Cheshire 62	Woodbury 43
S NI	East Hartford 39 Tourtellotte 28	Bloomfield 27	1964-65		Hillhouse 57	Notre Dame, Bpt. 51
1944-45 L	Hillhouse 32			M	East Catholic 59	Plainville 52
1944-45 L M	Branford 31	Weaver-Htfd. 28		S	Litchfield 69	Rocky Hill 63
S NI	Ellsworth 37	Derby 25 Litchfield 18	1965-66	ĽL	Wilbur Cross 58	Weaver 56
1945-46 L	Hillhouse 34	Bristol 29		L	Norwalk 93	S. Catholic, Htfd. 76
1943-40 L M	Branford 44	Stonington 31		M	Abbott Tech. 84	South Windsor 58
S	Bloomfield 35	Ellsworth 26		S	Portland 51	Coventry 50
S	Discilling 33	Ensworth 20				•

Year		Winner	Runner-up	Year		Winner	Runner-up
1966-67 L		Wilbur Cross 74	Hartford Public 66	1982-83		Brien McMahon 73	Norwalk 65
L		Sacred Heart 70	Fairfield Prep. 57		L	Harding 58	Wilby 51
N		Abbott Tech. 45	Middletown 41		M	St. Thomas Aq. 73	Sacred Heart 57
S		Cromwell 60	Litchfield 56		S	Terryville 61	Shepaug Valley 46
1967-68 L		Wilbur Cross 123	Bpt. Central 82	1983-84	LL	Hillhouse 70	Wilbur Cross 60
L		East Catholic 75	Fairfield Prep. 69		L	Harding 55	South Catholic 43
N		Middletown 48	Wilton 45		M	Sacred Heart 72	Weston 48
S		Cromwell 61	Litchfield 33		S	Terryville 65	Cromwell 62
1968-69 L		Hillhouse 76	Wilbur Cross 71	1984-85	LL	Wilbur Cross 71	Hartford Public 65
L		Fairfield Prep. 61	East Catholic 51		L	Harding 47	St. Bernard 46
M		Middletown 64	St. Thomas 54		M	Kolbe-Cathedral 55	St. Joseph 53
S 1000 70 L		Cromwell 75	Lewis Mills 35	1005.06	S	Suffield 57	Cromwell 46
1969-70 L		Hillhouse 80	Bpt. Central 78	1985-86	LL	Hillhouse 118	Brien McMahon 90
L M		South Catholic 71 South Windsor 65	East Catholic 67 Daniel Hand 58		L M	Harding 54	St. Paul 51
S		Cromwell 82			S	St. Joseph 51 Putnam 60	Weston 50 (OT) Portland 58
1970-71 L		Weaver 88	Wamogo 50 Hartford Public 86	1986-87	LL	West Haven 53	Hillhouse 48
1770-71 L		South Windsor 54	East Catholic 34	1700-07	L	Harding 69	Bristol Central 49
N		Kolbe Cathedral 77	St. Thomas Aq. 68		M	St. Joseph 72	Kolbe Cathedral 64
S		Cromwell 40	Nonnewaug 39		S	Tourtellotte 78	Somers 65
1971-72 L		Wilbur Cross 83	Hartford Public 77	1987-88	ĽL	Holy Cross 70	Norwalk 65
L		East Catholic 45	Harding 42		L	St. Joseph 69	Harding 66
N	М	N.W. Catholic 72	Kolbe Cathedral 67		M	St. Paul 54	New London 52
S	3	Ellington 53	Cromwell 44		S	Avon 64	Windsor Locks 44
1972-73 L	LL	Wilbur Cross 65	Hartford Public 58	1988-89	LL	Danbury 78	New Canaan 76
L	_	Harding 76	Bloomfield 63		L	Bassick 76	Harding 72 (2 OT)
N		N.W. Catholic 65	Nonnewaug 49		M	New London 85	North Haven 57
S		St. Thomas Aq. 57	Immaculate 49		S	Coventry 58	Tolland 51
1973-74 L		Wilbur Cross 98	Trumbull 65	1989-90	LL	Hillhouse 77	Wilbur Cross 71
L		South Catholic 71	Naugatuck 57		L	Bristol Central 66	St. Joseph 65
N		St. Paul, Bristol 71	Daniel Hand 70		M	New London 64	Kennedy 56
S		Coginchaug 49	St. Thomas Aq. 48		S	Thomaston 61	Cromwell 59
1974-75 L		Bridgeport Central 70	Wilbur Cross 69	1990-91	LL	Weaver 79	Danbury 76
L		New London 75	Harding 65		L	Harding 75	New Milford 61
N S		St. Paul, Bristol 59	Ansonia 38		M S	South Catholic 51 Thomaston 74	St. Thomas Aq. 41
1975-76 L		St. Joseph, Trumbull 64 Lee, New Haven 80	St. Thomas Aq. 63 Weaver 77	1991-92		Stamford 71	Marianapolis 60
1975-70 L		Harding 79	So. Catholic 60	1991-92	LL	St. Joseph 85	Harding 70 East Catholic 67
N		Middletown 63	Ellington 38		M	Morgan 63	Rocky Hill 50
S		Immaculate 72	St. Joseph 71		S	Somers 82	H-K 81 (3 OT)
1976-77 L		Brien McMahon 68	Stamford 66	1992-93		Hartford Public 83	Danbury 68
L		South Catholic 78	Harding 76	1772 75	L	St. Joseph 76	Bullard-Havens 57
N		Middletown 69	Pulaski 51		M	St. Thomas Aq. 63	E.O. Smith 48
S	3	St. Joseph 89	St. Thomas Aq. 63		S	Marianapolis 68	Gilbert, Winsted 60
1977-78 L	LL	Hillhouse 56	Weaver 55	1993-94	LL	Hartford Public 70	Danbury 68
L	_	Harding 80	South Windsor 66		L	Middletown 82	E.O. Smith 54
N	M	Middletown 71	St. Joseph 57		M	New London 82	Sheehan 65
S		Canton 64	Cromwell 61		S	Somers 74	Cromwell 49
1978-79 L		Wilbur Cross 74	N.W. Catholic 73	1994-95	LL	Holy Cross 57	Windsor 49
L		South Catholic 73	Harding 63		L	Ansonia 56	St. Joseph 54
N		St. Thomas Aq. 84	Masuk 71		M	New London 49	Trinity Catholic 43
S		Cromwell 56	Litchfield 54	100 7 06	S	Terryville 59	Putnam 56
1979-80 L		Wilbur Cross 59	New Canaan 56	1995-96	LL	Norwalk 62	Xavier 59
L		East Haven 63	Bullard Havens 57		L	St. Joseph 67	Torrington 47
N S		Pomperaug 68	Notre Dame, Ffld. 65		M	Trinity Catholic 69	N.W. Catholic 63
S 1980-81 L		Cromwell 57 Wilbur Cross 80	Coginchaug 51	1996-97	S LL	Lewis Mills 52	Portland 49
1980-81 L		St. Bernard 64	Holy Cross 73 Bristol Eastern 46	1770-9/	LL L	Fairfield Prep. 66 Harding 64	Norwalk 60 St. Joseph 58
N.		St. Thomas Aq. 65	Woodrow Wilson 63		M	Sacred Heart 48	St. Joseph 58 N.W. Catholic 46
S		Bacon Academy 75	Canton 56		S	Marianapolis 63	Immaculate 47
1981-82 L		Norwalk 85	Holy Cross 76	1997-98	LL	Windsor 74	Norwalk 66
L		St. Bernard 74	Crosby 55		L	Crosby 81	Notre Dame, WH 72
N		St. Thomas Aq. 71	Montville 61		M	N.W. Catholic 85	AI Prince 66
S		Portland 57	Coginchaug 41		S	Gilbert 48	Tolland 43

Year	Winner	Runner-up	Year	Winner	Runner-up
1998-99 LL	Windsor 53	Weaver 44	2014-15 LL	Fairfield Prep. 51	Westhill 50
L	Trinity Catholic 63	Holy Cross 44	L	Bunnell 72	Naugatuck 61
M	Kolbe-Cathedral 72	New London 71 (OT)	M	Weaver 72	Notre Dame, Ffld 59
S	Gilbert 55	Hyde, New Haven 40	S	Sacred Heart 71	Valley Reg. 46
1999-00 LL	Bulkeley, Hartford 59	Harding 56	2015-16 LL	Hillhouse 93	Weaver 83 (2OT)
L	Holy Cross 74	Bassick 50	L	East Catholic 64	Middletown 51
M	N.W. Catholic 80	Trinity Cath. 71 (2OT)	M	Sacred Heart 101	Notre Dame, Ffld 49
S	Suffield 46	Hyde 45	S	Immaculate 53	Coginchaug 43
2000-01 LL	Harding 41	NFA 38	2016-17 LL	Hillhouse 78	East Hartford 58
L	St. Joseph 66	Holy Cross 48	L	Sacred Heart 75	Notre Dame, Ffld 53
M	Trinity Catholic 63	Kolbe Cathedral 56	M	Brookfield 63	Bloomfield 60
S	Windsor Locks 64	East Granby 53	S	Trinity Catholic 61	Westbrook 52
2001-02 LL	Weaver 77	New Britain 61	2017-18 I	Notre Dame, Ffld. 65	Sacred Heart 60
L	Bloomfield 66	Berlin 41	П	Immaculate 53	Amity 34
M	N.W. Catholic 45	Trinity Catholic 43	III	Waterford 90	Avon 62
S	Rocky Hill 65	Ellington 41	IV	Kolbe-Cathedral 55	Rocky Hill 40
2002-03 LL	Bridgeport Central 58	Notre Dame, WH 56	V	Cromwell 58	Wamogo 40
L	N.W. Catholic 73	Wilbur Cross 71	2018-19 I	East Catholic 79	Windsor 74
M	Trinity Catholic 72	Kolbe Cathedral 65	II	Waterford 63	New Britain 56
S	Hyde 66	Immaculate 64	III	Farmington 55	Amistad 45
2003-04 I	Trinity Catholic 69	Crosby 67	IV	New Canaan 55	Granby 39
II	Kolbe Cathedral 74	Bassick 67	V	Innovation, New Britain 62	
III	New London 64	Holy Cross 57∖		,	•
IV	Enfield 55	Griswold 45			
2004-05 I	Crosby 56	Trinity Catholic 54			
II	New London 72	Wethersfield 68			
III	Avon 55	Fairfield/Ludlowe 48			
IV	Old Saybrook 69	Wamogo 49			
2005-06 I	Hillhouse 81	East Catholic 43			
II	Torrington 55	Holy Cross 40			
III	Berlin 58	Wilby 53			
IV	Plainville 64	Putnam 61			
2006-07 LL	Hillhouse 55	East Catholic 39			
L	Weaver 80	Maloney 73			
M	Weston 59	Waterford 35			
S	East Windsor 53	Cromwell 48			
2007-08 LL	Crosby 82	Trinity Catholic 79			
L	Maloney 54	Lyman Hall 46			
M	Stratford 63	Hartford Public 55			
S S	Bloomfield 78	Kolbe Cathedral 71			
2008-09 LL	Windsor 72	Crosby 69			
L	Bulkeley 58	Torrington 57			
M	Sacred Heart 65	Bloomfield 59			
S 2000 10 11	Cromwell 40	Hyde 34			
2009-10 LL	Bridgeport Central 78	Hillhouse 66			
L M	Stratford 51 Sheehan 72	New London 47 Bloomfield 61			
S		A.I. Prince 58			
2010-11 LL	Hyde 70 St. Joseph 79	Fairfield Prep. 53			
2010-11 LL L	New London 63	N.W. Catholic 55			
M M	Trinity Catholic 57	Career 51			
S	Valley Reg. 70	Classical 46			
2011-12 LL	St. Joseph 62	Hillhouse 54			
2011-12 LL L	Career 51	N.W. Catholic 49			
M	Waterford 71	Watertown 57			
S	Immaculate 67	Capital Prep. 53			
2012-13 LL	Hillhouse 52	Fairfield Prep. 42			
2012-13 DD T	Woodstock Academy 52				

Trinity Catholic 49

Weaver 81 (2OT) Fairfield Prep. 73

Weston 45

Career 59

Weaver 60

Valley Reg. 56

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2013-14 LL

Woodstock Academy 52

Granby Memorial 83

Valley Reg. 52

Bpt. Central 76 Windsor 63

East Catholic 87

Sacred Heart 65