

CONNECTICUT INTERSCHOLASTIC ATHLETIC CONFERENCE

30 Realty Drive, Cheshire, Connecticut 06410
Telephone (203) 250-1111 / Fax (203) 250-1345

www.ciacsports.com

34th ANNUAL 2013 GIRLS SOCCER TOURNAMENT REGULATIONS
65TH ANNUAL 2013 BOYS SOCCER TOURNAMENT REGULATIONS
Sponsored by Subway, Brine and Bearingstar Insurance



Tournament Director

Charles Sharos
H – (860) 688-9940

Assistant Tournament Director

Joseph DelBuono
H – (203) 879-5690
C – (203) 808-8956

THE SOCCER TOURNAMENT INFORMATION IS ARRANGED IN ELEVEN (11) SECTIONS.

- 1.0 Divisions
- 2.0 Sites / Dates
- 3.0 Entry Procedures
- 4.0 Expenses / Tickets
- 5.0 Forfeits
- 6.0 Officials
- 7.0 Protests
- 8.0 Qualifying
- 9.0 Ranking / Seeding
- 10.0 Supervision / Sportsmanship
- 11.0 Tournament Rules / Procedures
- 12.0 Concussion Management and Return to Play Protocol
- 13.0 Heat Stress and Athletic Participation

- Appendix A List of Schools by Division
- Appendix B Game Results / Tournament Roster
- Appendix C Change of Division
- Appendix D Officials Form
- Appendix E Penalty Regulation for Yellow Cards
- Appendix F Penalty Report Form
- Appendix G Duties of Site Director
- Appendix H General Instruction Regarding Game Management
- Appendix I Team Roster Form – To be Used at Games

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2013 BOYS / GIRLS SOCCER CHAMPIONSHIPS

ALERT

1. **The Boys and Girls Soccer Committee voted to apply a success in tournament factor when placing schools* that draw students from outside their school district boundaries in tournament divisions. The Committee will first place schools in their divisions by enrollment and then use success in tournament to move schools up in division and then rebalance the divisions. Schools that draw from outside their school district boundaries who have been in the quarter-finals or above two of the last three years will move up one division. Schools that have been in the quarter-finals three of the last three years will move up two divisions. The most any school could move would be two divisions in 2013. Each year the committee will review results from the past three years and make adjustments as appropriate. Schools can move up or down depending on their success in tournament play.**

***Charter, magnet, parochial, vocational technical, vocational agricultural and Project Choice schools that have more than 25 male/female students from out-of-district.**

2. **Reporting Regular Season Scores** – In order to ensure that standings and rankings on both the CIAC’s websites and other sites which draw their data from us are timely and accurate, all regular season scores must be entered online no more than 24 hours following the game’s completion. It is highly recommended that scores are entered from the site as soon as the game ends.

Scores may be entered via the Online Eligibility Center, the “submit Scores/Forms” option of the “CIAC for Coaches” menu at ciacsports.com, or the “Submit Scores” button in our ciacmobile.com mobile site. Entering scores at ciacsports.com or ciacmobile.com requires either a coaches or scorekeeper’s access code, those codes are managed via the Online Eligibility Center and can be retrieved from a school’s athletic director.

3. **SCORES OF GAMES ARE TO BE TELEPHONED IN TO THE TOURNAMENT DIRECTOR IMMEDIATELY AT THE CONCLUSION OF THE GAME BY THE HOME TEAM. TOURNAMENT DIRECTOR FOR SOCCER IS CHARLIE SHAROS -- (860) 688-9940.**
4. All teams are required to report any red and yellow cards they receive when the game results are reported. Additionally each team is required to report red and yellow cards received by their opponent and **to complete the CIAC Penalty Report Form (online) for all red and yellow cards issued during the season.**

All teams are required to post scores for ALL league tournament and CIAC tournament games and red and yellow cards received by their team and opponent via the password-protected, on-line eligibility center by 9:00 a.m. the day following the contest.

5. Officials will no longer record cards on the official score book. **They will report all red and yellow cards online to CIAC after each game.** Each school assumes the responsibility of recording all penalty cards into their respective score books for every game and reporting both their own and their opponent’s red and yellow cards when posting their score online and the end-of-season composite red/yellow card report.
6. Change of division form for any team desiring to move up in division is due by **September 6, 2013.**
7. Higher ranked team must wear white shirts (home uniform).

8. **Trainers** – Schools are expected to provide their own trainer. If the school does not have a trainer they must notify the tournament director.
9. **Member schools must make every effort to complete their season as scheduled, including make-up games. Any effort to gain an advantage in tournament play by not playing a game is unacceptable and is subject to action by the CIAC Board of Control. Cancellation of any regular season contest/make-up to play in a league tournament will not be allowed.**
10. Schools are required to report all cards issued in regular season, league tournament and CIAC tournament games. Additionally, all schools are required to complete the CIAC summation report of all red, yellow cards and disqualifications at the time of the infraction and not wait until the end of the season, but no later than November 18, 2013.
11. **If a tie exists at the end of regulation up through the semi-finals, two ten minute overtime periods will be used. After the first overtime period, a second ten minute overtime period will be held after which penalty kicks will be used. There will be no “sudden victory” used in the overtime period in 2013. IN THE FINALS ONLY, after two fifteen (15) minute overtime periods if the score remains tied, co-champions will be declared. There will be no sudden victory in the overtime periods.**
12. **CIAC highly recommends that all soccer fields used for the tournament be 65 yards wide by 110 yards long. The minimum requirement is 60 yards wide by 110 yards long. Fields that do not meet the minimum requirement cannot be used and the game must be moved to an approved site.**
13. **Yellow cards will be set to zero (0) at the start of the CIAC tournament. An athlete or coach who receives their second cumulative yellow card during the tournament must sit out the next game.**
14. The CIAC Board of Control has approved concussion management and return to play guidelines that conform to the new State statute that all coaches will be required to follow.
15. **Postponements** – If there is a weather-related postponement in rounds one or two of the tournament the school will be required to play the next day.
16. **Official Ball – Brine – Championship Game Ball – BC105N.**
17. **Scrimmages** – Team must have a minimum of three (3) days of practice prior to scheduling a full team scrimmage

All sports **teams** will have a minimum of fourteen (14) practice days before the date of the first scheduled competition. Sundays do not count as a day of practice. Saturdays and holidays may be used as practice days unless prohibited by local board policy or the CIAC committee on seasons limitations. An **individual athlete** must participate in a minimum of ten (10) practices prior to competition unless the athlete has been participating in a sport.
18. **The Boys and Girls Soccer Committee voted to discontinue the required ten minute sit out on a caution.** Beginning with the 2013 season a cautioned player shall leave the field and may be replaced. Should the team with the cautioned player elect to play shorthanded, the cautioned player may not re-enter, nor be replaced until the next legal substitution opportunity.
19. **Starting with the 2013 season, players may wear soft and yielding caps during inclement weather. Caps must be alike in color.**
20. **COACHES ARE REMINDED TO INFORM CONTEST OFFICIALS PRIOR TO EACH COMPETITION OF ANY SPECIAL NEEDS STUDENT WHO COULD BE COMPETING IN THE CONTEST WHEN HIS/HER DISABILITY COULD IMPACT THE INDIVIDUAL’S PERFORMANCE OR THE CONDUCT OF THE COMPETITION.**

NFHS SOCCER RULE CHANGES 2012-13

- 3-3-2b(1) During a dead ball as the result of an injury, either or both coaches can now give coaching instruction to his/her team.
- 3-3-2(new) and 3-4-1b Before they enter the field, substitutes must be beckoned onto the field by the referee except at the start of a period.
- 4-1-1c Clarifies that tape applied to the socks cannot change the basic color of the socks.
- 12-8-1e The use of electronic communication devices is allowed in the bench area. These devices, however, cannot be used to communicate with athletes on the field during the game.
- 12-8-1f(14) (new) An unsuccessful attempt to deny an opponent an obvious goal scoring opportunity by a foul (i.e. a goal is scored anyway) is now unsporting conduct and a caution (yellow card). Previously, this was a disqualification (red card).
- 12-8-2d(2) A successful attempt to deny an opponent an obvious goal-scoring opportunity by a foul (goal is not scored) is still serious foul play and a disqualification (red card).
- 18-1-1n This change defines that on a free kick the ball has not been properly kicked into play when a player merely taps or steps on the top of the ball with his/her foot. The ball must now also move.

Points of Emphasis

1. Goalkeeper Injury
2. Excessive Player Substitutions
3. Required Equipment
4. Penalty Kick
5. Concussion Management

Major Editorial Changes 2013-14

- Soccer Field Diagram Except as specifically stated in the rules, information on field diagrams in this book is suggestive only; it is not required by NFHS rules. The construction and layout of all courts and fields used for high school competition are subject to any controlling laws and building codes, and to the sound judgment of the persons in charge of the facilities.
- 2-2-5 Shift NFHS Authenticating Mark examples below Rule 2-2-5
- 3-1-3 Each team shall submit a team roster, continuing the first and last names and numbers of all players, and substitutes, all bench personnel and all coaches, to the officials at least five minutes prior to the start of the contest. The game shall not begin until this is complete. Players, substitutes, numbers, bench personnel and coaches may be added to the roster after the start of play. Goalkeepers may have two numbers listed on the roster, a goalkeeper's number and a field player's number.
- 3-3-7 A team that elects or is required to play shorthanded for reasons other than misconduct may have the player(s) re-enter the game during a dead ball.
- 3-3-8 A team which starts a game with fewer than 11 players, but at least seven players, may have its additional player(s) enter the game during a dead ball provided that the names of the additional players are on the team roster (3-1-3).

- 3-3-3
Situation B Goalkeeper A fouls Opponent B in the penalty area resulting in a penalty kick from Team B. Goalkeeper A is disqualified for committing serious foul play. Team A is permitted to substitute a goalkeeper from the bench but must have a field player leave the field. **Ruling:** Team A must play short due to the disqualification (12-8-2) but must have a goalkeeper (3-1-1).
- 3-4-1
Situation A Substitute A12 reports to the scorer as the kickoff takes place. Eight minutes elapse before the first opportunity for a substitution occurs. The referee beckons A12 on the field; however, A12 is withdrawn by the coach of Team A. **Ruling:** Substitute A12 is now a player because he/she was beckoned onto the field by the referee; therefore, player A12 must enter the game once beckoned.
- 3-5 Change title to: Section 5 Goalkeeper Change
- 3-6 Change title to: Section 6 Excessive Player Substitutions
- 4-2-5, Note Each state association may, in keeping with applicable laws, authorize exceptions to NFHS playing rules to provide reasonable accommodations to individual participants with disabilities and/or special needs, as well as those individuals with unique and extenuating circumstances. The accommodations should not fundamentally alter the sport, heighten risk to the athlete/others or place opponents at a disadvantage.
- 5-2-2d(4) Inquire of each head coach whether each of his/her players will be properly and legally equipped at the kickoff. Any questions regarding legality of a player's equipment shall be determined by the head referee, or the center referee in a game officiated using the double-dual system of officiating.
- 5-3-1
Situation A During a shot on goal, B2, in the penalty area, reaches out and deflects the ball. Just as B2 deflects the ball with the hands, A2 kicks the free ball and (a) it goes into the goal; (b) does not go into the goal. **Ruling:** In (a), award a goal and caution B2 for unsporting conduct; in (b) call handling, award a penalty kick, and disqualify B2 for serious foul play. (12-8-1-f13, 14), (12-8-2-d1), (14-1-1)
- 12-4-2 Note Delete Note
- 12-4-3 The goalkeeper in possession of the ball shall not be interfered with or impeded in any manner by an opponent. This includes the act of bouncing the ball or dropping the ball for a kick or attempting to throw the ball or tossing the ball in the air to re-catch. When goalkeepers put the ball on the ground, they relinquish their privileges as goalkeepers.
- 12-7-2
Situation An attacking player takes a shot on goal which (a) goes directly at the goalkeeper, who is able to deflect it to the ground so he can dribble it with the feet to the edge of the penalty area and then pick the ball up with his/her hands to distribute; or (b) the goalkeeper must dive in order to reach the ball, deflect it away from the goal, then scramble to pick it up with his/her hands to distribute. **Ruling:** In (a) illegal. Goalkeeper is penalized for infringing when he/she picks up the ball with the hands after parrying; in (b) legal. The deflection is not considered a parry.
- 12-7-4
Situation On a throw-in, player A throws the ball (a) directly to his/her own goalkeeper A within the penalty area who touches the ball with the hands; (b) to a teammate who heads the ball to his/her own goalkeeper within the penalty area who picks the ball up with the hands; (c) the ball is thrown to his/her own goalkeeper outside the penalty area by a teammate. The goalkeeper traps the ball with the feet and dribbles it into the penalty area where it is picked up. **Ruling:** In (a) an indirect free kick is awarded to the opponent; in (b) there has been no violation; in (c) illegal. Award an indirect kick to opponent at spot of touching.

- 12-8-2
Situation B Player A2 dribbles along the goal line into the penalty area. The goalkeeper comes out of the goal mouth to challenge A2. A2 pushes the ball by the goalkeeper and steps off the field to go around the goalkeeper. The goalkeeper then steps off the field and violently contacts A2 to prevent A2 from completing the play. **Ruling:** The referee must stop play, disqualify the goalkeeper for exhibiting violent conduct and restart play with an indirect free kick from the location of the ball at the stoppage or the goal area line as appropriate.
- 13-2-4 (new) If a direct or indirect free kick taken from outside a team's penalty area goes untouched into a team's own goal, a corner kick shall be awarded to the opposing team.
- 18-1-1e DEAD BALL – A term used to indicate a time when the ball is out-of-play. A goal can never be scored while the ball is dead. A restart can never be changed due to what occurs during a dead ball.
- Rules
Comparison The 2013-14 rules book will contain an updated comparison of the major differences among NFHS and NCAA rules and FIFA laws.

**NFHS Equipment, Facilities, Uniform and Rules Changes
Effective 2012-13**

- Rule 4-1-1 – Shinguards must meet the National Operating Committee on Standards for Athletic Equipment (NOCSAE) specifications. The NOCSAE seal and the appropriate height range of the player shall appear on the shinguard. Beginning with the 2012 fall season, the NOCSAE seal and height range shall be permanently marked on the front of the shinguard.

Changes Effective 2013-14

- Rule 4-1-1b – Beginning with the 2013 fall season, the home team shall wear solid white jerseys and solid white socks.

2013 CIAC BOYS' AND GIRLS' SOCCER TOURNAMENTS
Sponsored by Subway, Brine and Bearingstar

1.0 DIVISIONS

1.1 Only institutional members of the Conference may enter this tournament which will be in four (4) divisions. Placement of schools has been based on the 2012-13 girl or boy 9-12 enrollment figures.

Girls:

LL – 638 – Over
L – 472 – 637
M – 300 – 471
S – Up to 299

Boys:

LL – 685 – Over
L – 487 – 684
M – 323 – 486
S – Up to 322

1.2 Soccer Championships will be played using an Open Tournament format.

2.0 DATES / SITES / TIMES

2.1 Member schools may start practice on, but not before, Saturday, August 24, 2013.

2.2 Member schools may play the first game on, but not before, Tuesday, September 10, 2013.

2.3 The last date for games to count for the 2013 girls' and boys' soccer tournament will be Thursday, October 31, 2013.

2.4 Scheduled Playing Dates for the 2013 Boys Soccer Tournament:

Playdown (if necessary)		November 2, 2013
First Round	LL, L, M, S	November 5, 2013
Second Round	LL, L, M, S	November 7, 2013
Quarter-finals	LL, L, M, S	November 9, 2013
Semi-finals	LL, L, M, S	November 12-13, 2013
Finals	LL, L, M, S	November 15-16, 2013

Scheduled Playing Dates for the 2013 Girls Soccer Tournament:

Playdown (if necessary)		November 2, 2013
First Round	LL, L, M, S	November 4, 2013
Second Round	LL, L, M, S	November 6, 2013
Quarter-finals	LL, L, M, S	November 8, 2013
Semi-finals	LL, L, M, S	November 11-12, 2013
Finals	LL, L, M, S	November 15-16, 2013

2.5 The sites and times of the semi-final and final games will be determined by the Tournament Director.

All weekday tournament games shall start promptly at 2:00 p.m. **Home team has the option to play either at 2:00 p.m. or at 4:00 p.m. if they have lights. If the game is started after 4:00 p.m. it must be by mutual agreement.** If a later start is mutually agreed upon the tournament director must be informed of the new starting time. Games played on Saturday or a holiday, starting time will be at the mutually agreed time of the teams involved. The tournament director will determine the starting time if no mutual agreement is reached. From semi-final games on, the tournament director has the authority to schedule night games, consent from the participating schools is not required.

IF THERE IS A WEATHER-RELATED POSTPONEMENT IN ROUNDS ONE OR TWO OF THE TOURNAMENT THE SCHOOLS WILL BE REQUIRED TO PLAY THE NEXT DAY.

Tournament games will be played with two equal halves of 40 minutes duration for a total of 80 minutes of regular play.

- 2.6 In the event of inclement weather, the site director has the authority to postpone the game. The site director must immediately notify the tournament director. The postponed game will be played on the next day excluding Sunday, except in the case of the Championship Final games.
- 2.7 All first round, second round and quarter-final games will be played on the field of the higher ranked team based on the ORIGINAL PERCENTAGE RANKINGS. The host school shall provide a site director who should be someone other than the coach and game supervisors.
The higher ranked team will be responsible for providing an athletic trainer and securing and paying for officials up through the quarter-finals.
- 2.8 The tournament director will determine the sites and times for all semi-finals and finals. Night games may be scheduled. The tournament director will designate the site director.
- 2.9 In the event the host team does not have an available soccer field that meets the CIAC Soccer Committee recommended field of 65 yards by 110 yards long, the host site must contact the tournament director to seek permission to use their site. If the site is determined to be unacceptable the game will be moved to the neutral site or if a neutral site is not available to the site of the lower ranked team. All fields used in the tournament must be a minimum of 60 yards wide by 110 yards long. If the school field fails to meet minimum standards the game must be moved to an approved site or to the site of the lower ranked team.

3.0 **ENTRY PROCEDURE**

- 3.1 **Game Results** – In order to ensure that standings and rankings on both the CIAC’s websites and other sites which draw their data from us are timely and accurate, all regular season scores must be entered online no more than 24 hours following the game’s completion. It is highly recommended that scores are entered from the site as soon as the game ends.

Scores may be entered via the Online Eligibility Center, the “Submit Scores/Forms” option of the “CIAC for Coaches” menu at ciacsports.com, or the “Submit Scores” button in our ciacmobile.com mobile site. Entering scores at ciacsports.com or ciacmobile.com requires either a coaches or scorekeeper’s access code, those codes are managed via the Online Eligibility Center and can be retrieved from a school’s athletic director.

Regardless of regular season postponed games, the date of THURSDAY, OCTOBER 31, 2013 MUST BE THE FINAL DAY TO COUNT FOR THE TOURNAMENT. All games played after the entry form has been submitted, must be completed, and scores and cards reported to the CIAC office via the password-protected online eligibility center by Thursday, October 31, 2013.

Note: Schools may set up access codes in the eligibility center to allow coaches to submit scores via the web site without requiring the school’s main eligibility center password. Game scores are the only information that may be submitted in this manner.

- 3.2 **Change of Division Form** – Optional, if filed must be by September 6, 2013 for the 2013 season. **Once a school is approved for a change of division, this status remains in effect for three years.**
- 3.3 **Tournament Rosters / Entry / Officials** – Can be submitted on the eligibility center or the submit scores / forms option under the CIAC for coaches menu at ciacsports.com. Rosters must be submitted by Friday, October 25, 2013. Any request for changes after the initial roster is submitted must be made on a “support ticket” via the online eligibility center. **A team roster is limited to 30 players.**

- 3.4 **Entry Fee** – There is a \$75 entry fee for both the girls and boys soccer tournament which should be mailed to the CIAC office, 30 Realty Drive, Cheshire, CT 06410. If a school needs an invoice in order to pay its tournament fee, one can be downloaded by using the “Generate Tournament Invoice” link under the boys soccer and girls soccer options in the password-protected online eligibility center.
- 3.5 **Qualifying Record for Boys and Girls** – Win 40% of games against member schools, eligible out-of-state schools and the American School for the Deaf. Must have a minimum of ten (10) games against varsity opponents.
- 3.6 **CIAC Late Entry Policy**
- No tournament entries will be accepted after the established deadline except those approved by the CIAC Board of Control.
 - Corrections requested by a school to an entry form that was submitted by the established deadline but prior to seeding/pairing data being published on the web site, will be assessed a fee of \$50 per correction to a maximum of \$250.
 - All requests for corrections must be submitted on a support ticket via the online eligibility center. **No phone requests will be considered.**
 - All season penalty reports (including league tournament games) must be electronically filed on the CIAC web site by 9:00 a.m., Thursday, October 31, 2013. Late fees will apply.
 - **All red/yellow cards for league and CIAC tournament games must be posted along with the results of the game on the CIAC web site.**
- 3.7 **Tournament Regulations Violations** – If a school fails to comply with tournament regulations and such requires the CIAC tournament sports committee, central office staff, or the CIAC Board of Control to redo any portion of the tournament pairings or such non-compliance adversely impacts the management of the tournament, an administrative violation fee of \$500 will be imposed upon the school before entry into the tournament will be allowed.

4.0 **EXPENSES / TICKETS**

- 4.1 The higher ranked team will host first round and second round games and the host team will pay all game expenses for these games, **including officials**. **The higher ranked team must also assign an athletic trainer to the event and contact their commissioner of officials**. Schools may charge admission if they wish to keep the gate in rounds 1 and 2. Admission will be charged at all quarter-final games and gate receipts sent to CIAC. For quarter-final games, the host school will be reimbursed **up to \$160** for costs **and CIAC will pay the officials**. If the host site cannot effectively charge and collect tickets at their site the game will be moved to a neutral site than can accommodate ticket sales or the site of the lower ranked team will be used. Schools must contact the tournament director if they cannot charge for the event.
- 4.2 If in first and second round play schools wish to charge admission they should notify the principal and athletic director of the visiting school in advance.
- 4.3 Schools will bear all traveling expenses.
- 4.4 The CIAC Soccer Committee will pay all game expenses directly associated with the staging of the semi-finals and final tournament games, including officials.
- 4.5 Charges for admission for quarter-finals, semi-finals and finals will be: (Subject to change)
- Free – Children five (5) and under
 \$5.00 Senior Citizens (age 65 and older); Students (grades 1-12)
 \$8.00 Adults (all others not in the above categories)

- 4.6 During the 2013 tournament, the following passes will be honored at all games where an admission is charged.
- a. Principal (or designee) of participating schools
 - b. CIAC **Soccer Officials** Association membership card
 - c. Press Card
 - d. No other complimentary admissions will be permitted

5.0 **FORFEITS**

- 5.1 Member schools will be required to submit regular season schedules for all sports controlled by CIAC in which member schools participate. Determination of forfeitures will be based on this schedule.
- 5.2 A team shall forfeit a game or games if through a violation it is required to do so under the CIAC Rules of Eligibility.
- 5.3 A team shall forfeit a game if the game official declares the game a forfeit as a result of a National Federation rule violation, or a team refuses to play after being instructed to do so by the game official.
- 5.4 Forfeitures will be honored by each CIAC sports committee when there is mutual agreement between the principals of the two schools involved in the game not played. Each principal must submit on the official CIAC Canceled Game – Forfeiture Form his/her decision and it must be received in the CIAC office within 72 hours following the time of the scheduled contest. On the eve of a tournament when there is not sufficient time for normal administrative procedures (72 hours) if a question of team forfeiture arises the Executive Director or his/her designee, in consultation with the Chairman of the sports committee affected and the principals of the two schools will make an appropriate ad hoc decision in consideration of the best interests of the tournament as a whole.
- 5.5 **Member schools must make every effort to complete their season as scheduled, including make-up games. Any effort to gain an advantage in tournament play by not playing a game is unacceptable and is subject to action by the CIAC Board of Control. Cancellation of any regular season contest/make-up to play in a league tournament will not be allowed.**

6.0 **OFFICIALS**

- 6.1 **The host school in the first round, second round and quarter-final games must call their commissioner of officials and request that officials be assigned. Each commissioner has been made aware of this.**
- The semi-final and final game officials will be assigned by the tournament and assistant tournament director from the approved list submitted by each board. Three (3) officials will be used from the quarter-finals on in all games.**
- 6.2 Identity of officials assigned games by the Officials Coordinator will not be disclosed prior to the game.

7.0 **DISPUTES**

- 7.1 **Decisions by Game Officials** – Disputes arising from the decisions, interpretations and misapplication of the National Federation or CIAC games rules by officials during the contest will not be considered. The decisions and interpretations of the rules by the officials are final.

The record of the official scorekeeper at the conclusion of the contest is final unless an error is discovered. Such error shall be corrected as covered by specific contest rules.

Any team leaving the contest area before the conclusion of the contest because of dissatisfaction with the officiating will render the school liable to disciplinary action by the conference.

- 7.2 On the eve of a tournament when there is not sufficient time for normal administrative procedures and Board of Control hearings, if a question of interpretation of tournament regulations or the operation of the tournament arises, the Chairman of the CIAC Board of Control, the Executive Director of CIAC, and the Chairman of the Tournament Committee in question will make an appropriate ad hoc decision in consideration of the best interest of the tournament as a whole.

8.0 **QUALIFYING**

- 8.1 To be eligible for consideration in the tournament a team must play a minimum of ten (10) games AGAINST VARSITY OPPONENTS and have a winning percentage of 40%. Only the first two games played with any single opponent will be included in the ten (10) games.
- 8.2 Only games played with Conference member schools, American School for the Deaf, or approved out-of-state schools who are members of their state athletic association shall be considered.
- 8.3 Games played with non-member Connecticut secondary schools shall not be considered in the rating of teams.

9.0 **RANKING / SEEDING**

- 9.1 a. Any team whose winning percentage is 40% or greater when taking two (2) points per win and one (1) point per tie divided by two times the number of games played will qualify for the tournament.
- b. Teams will be ranked in order of their winning percentage as determined by the formula above in 9.1.a.
- c. **Resolving Ties for Tournament Qualification:** Whenever ties exist among the first round teams, they shall be resolved in the following order.
- 1) Win/loss records of teams in competition with one another in regular season play.
 - 2) **Point ranking – determined by giving three (3) points for each win and one (1) point for each tie.**

Example: Two teams have records of 13-2-1 and 12-1-3 and identical winning percentages of .844. For seeding purposes and breaking the tie the team with 13 wins would prevail, because its 40 points ($13 \times 3 + 1$) are more than the team's 39 points ($12 \times 3 + 3$). This process assures the team with the most wins will be seeded higher when identical winning percentages exist.
 - 3) Toss of the coin or by lot (computer generated).
- 9.2 When more than one team is undefeated, the team with the most wins WILL be ranked first.
- 9.3 A TEAM MAINTAINS ITS INITIAL PERCENTAGE RANKING THROUGHOUT THE TOURNAMENT.
- 9.4 In case more than thirty-two (32) teams qualify, a qualifying round playing date will be established.

9.5 Order of play if more than 32 teams qualify for the tournament in any division.

If 33 teams	If 34 teams	If 35 teams	If 36 teams
32 vs 33	32 vs 33	32 vs 33	32 vs 33
	31 vs 34	31 vs 34	31 vs 34
		30 vs 35	30 vs 35
			29 vs 36

9.6 In case there are not thirty-two (32) teams that qualify, byes will be awarded to the appropriate number of higher ranked teams.

9.7 **Tournament Format**

<u>First Round</u>	<u>Second Round</u>	<u>Quarter-finals</u>	<u>Semi-finals</u>	<u>Finals</u>
1 vs 32				
16 vs 17	1 vs 16			
8 vs 25		1 vs 8		
9 vs 24	8 vs 9			
4 vs 29			1 vs 4	
13 vs 20	4 vs 13			
5 vs 28		4 vs 5		
12 vs 21	5 vs 12			
2 vs 31				1 vs 2
15 vs 18	2 vs 15			
7 vs 26		2 vs 7		
10 vs 23	7 vs 10			
3 vs 30			2 vs 3	
14 vs 19	3 vs 14			
6 vs 27		3 vs 6		
11 vs 22	6 vs 11			

9.8 **Ranking and Pairing Information** – Will be posted on the CIAC web site on Friday, November 1, 2013 at www.ciacsports.com

10.0 SUPERVISION / SPORTSMANSHIP

- 10.1 Players and coaches disqualified in a game will be required to serve the additional penalty as outlined in the CIAC regulation on “Disqualification”.
- 10.2 In the interest of crowd control and proper supervision the CIAC Board of Control has approved the tournament regulation requiring the principal of the participating schools or his/her designee to attend all tournament games. **The school administrator must identify him/herself to the site director.**
- 10.3 When a member school’s coach is ejected from a game for an infraction as prescribed by the rules, the game may not continue until the member school replaces the ejected coach with a certified coach. If this cannot be accomplished within 15 minutes after the ejection, the official in charge will declare a forfeit win for the opposing team.
- 10.4 Use of tobacco products or possession of alcoholic beverages of any kind, including champagne, are not permitted on the field of play, including dugouts, or within the field or part at which a tournament game is scheduled. Many towns or fields which we use have local ordinances prohibiting use of tobacco product or possession of alcoholic beverages. The principal or his/her designee at the game shall see that this rule is enforced and adhered to by the teams.

10.5 Bench and Field Conduct

Personnel – Only coaches, players, other team members, statisticians, managers and trainers will be allowed in the bench area.

Conduct – The above identified personnel shall not be outside the vicinity of the designated bench area.

- 10.6 Up to thirty (30) team members in uniform, coaches, managers and up to 20 cheerleaders accompanying the team will be admitted free of charge to each game. Bands and other musical groups, noisemakers that might interfere with the performance of the game, and large banners or streamers are prohibited and each school principal is responsible for compliance with this regulation.

11.0 TOURNAMENT RULES / PROCEDURES

11.1 Ties

- a. In all tournament games prior to the “finals” the following shall be the procedure to resolve a tie score. After a five minute time out:
- 1) Two ten minute overtime periods shall be played.
 - 2) After the first overtime the teams will change direction without a time out. A second ten minute overtime period shall be played.
 - 3) If tied after two ten minute overtime periods, penalty kicks will be used to determine the winner.
 - 4) First Round Penalty Kicks – Five players from each team kick once alternately or until the lead is insurmountable.
 - 5) Second Penalty Kicks – Five different players from each team kick once alternately or until the lead is insurmountable.
 - 6) If a tie remains, repeat step 3 and if necessary, step 4.
 - 7) There is no sudden victory – both ten minute overtime periods must be played to completion.
- b. After each set of ten kickers from each team, players may be repeated. **If a tie exists in the finals after the two fifteen minute overtime periods, co-champions will be declared. Penalty cards shall carry over into overtime periods.**
- c. There will be no sudden victory during any penalty kick rounds.
- d. Yellow card penalties will carry over into the overtime periods. Players receiving yellow cards that carry over into the first penalty kick tie breaking round will be eliminated from participating in the first round of penalty kicks. Players receiving yellow cards during any penalty kick round will be eliminated from any additional penalty kick rounds during the match.
- 11.2 **The tournament soccer ball for the 2013 tournament will be the BRINE BC105N. This ball shall be used for all tournament games including first and second round games. The higher ranked team shall provide at least four (4) official tournament balls for all games.** Officials must report to CIAC any school hosting a game who does not use the CIAC designated ball. The CIAC Board of Control will take appropriate action with the school.

- 11.3 Higher ranked team must wear white shirts (home uniform). The visiting team shall wear dark jerseys.
- 11.4 The Site Director must provide a minimum of two “ball persons” for each tournament game. **Site directors should not allow spectators to stand behind the goals.**
- 11.5 In all cases where a toss of coin may be required, the higher ranked team will have the privilege of call on the coin.
- 11.6 Entering schools are reminded that in the event of severely inclement weather it may be necessary to play the soccer FINALS on Sunday afternoon, November 17, 2013. The game may not start before 12:30 p.m.
- 11.7 **Suspended Games** – Regular season games if suspended in the first half, must be restarted from the beginning with the score 0-0. If suspended after one full half of play the game will be declared an official game.
- 11.8 In CIAC tournament play a game suspended either in the first half or the second half will be rescheduled and play continued from the point of suspension with the score the same as when the game was suspended.
- 11.9 **Terminated Games** – Definition – “When a game has been ended by the referee for actions of the participants or spectators such as refusal to play or disorder.”

In such cases the status of the game during the regular season may include forfeiture and is resolved by proper authority – the principals of the two schools, league rules and procedures.

During the CIAC tournament the Executive Director or his/her designee will determine the status of any terminated game along with the chair of the committee and the tournament director(s).

- 11.10 SEE APPENDIX E for the regulation and penalties for yellow cards.
- 11.11 SEE APPENDIX F for the penalty report form that must be submitted with the entry form. If you do not qualify for the tournament, the penalty report form must be submitted after your last regular season game. Failure to do so may result in probation or prohibition.

CIAC Soccer Committee recommends all schools post their red / yellow card infractions after each game to avoid confusion at the end of the season. A completed report must be submitted by November 15 for all regular season and league championship games. Schools must continue to report all red / yellow cards issued during the CIAC tournament when they post their scores.

12.0 CONCUSSION MANAGEMENT AND RETURN TO PLAY REQUIREMENTS

CONNECTICUT INTERSCHOLASTIC ATHLETIC CONFERENCE CONCUSSION MANAGEMENT AND RETURN TO PLAY REQUIREMENTS

“WHEN IN DOUBT – SIT IT OUT”

A concussion is a type of traumatic brain injury or (TBI), “that changes how the cells in the brain normally work. A concussion is caused by a blow to the head or body that causes the brain to move rapidly inside the skull. Even a “ding,” “getting your bell rung,” or what seems to be a mild bump or blow to the head can be serious. Concussions can also result from a fall or from players colliding with each other or with obstacles, such as a goalpost” (Centers for Disease Control and Prevention, 2009).

PART I -- SIGNS AND SYMPTOMS OF A CONCUSSION

– A concussion should be suspected if any one or more of the following signs or symptoms are present, or if the coach/evaluator is unsure.

1. Signs of a concussion may include (what the athlete looks like):

- Confusion / disorientation / irritability
- Trouble resting / getting comfortable
- Lack of concentration
- Slow response / drowsiness
- Incoherent / slurred speech
- Slow / clumsy movements
- Loss of consciousness
- Amnesia / memory problems
- Act silly / combative / aggressive
- Repeatedly ask same questions
- Dazed appearance
- Restless / irritable
- Constant attempts to return to play
- Constant motion
- Disproportionate / inappropriate reactions
- Balance problems

2. Symptoms of a concussion may include (what the athlete reports):

- Headache or dizziness
- Nausea or vomiting
- Blurred or double vision
- Over sensitivity to sound / light / touch
- Ringing in ears
- Feeling foggy or groggy

Note: Public Act No. 10-62 requires that a coach MUST immediately remove a student-athlete from participating in any intramural or interscholastic athletic activity who (A) is observed to exhibit signs, symptoms or behaviors consistent with a concussion following a suspected blow to the head or body, or (B) is diagnosed with a concussion, regardless of when such concussion or head injury may have occurred.

PART II – RETURN TO PARTICIPATION (RTP)

– Currently, it is impossible to accurately predict how long concussions will last. There must be full recovery before someone is allowed to return to participation. Connecticut Law now requires that no athlete may resume participation until they have received written medical clearance from a licensed health care professional (Physician, Physician Assistant, Advanced Practice Registered Nurse, Athletic Trainer) trained in the evaluation and management of concussions.

Concussion management requirements:

1. No athlete SHALL return to participation (RTP) on the same day of concussion.
2. Any loss of consciousness, vomiting or seizures the athlete MUST be immediately transported to the hospital.
3. Close observation of an athlete MUST continue following a concussion. This should be monitored for an appropriate amount of time following the injury to ensure that there is no escalation of symptoms.
4. Any athlete with signs or symptoms related to a concussion MUST be evaluated from a licensed health care professional (Physician, Physicians Assistant, Advanced Practice Registered Nurse, Athletic Trainer) trained in the evaluation and management of concussions.

5. The athlete MUST obtain written clearance from one of the licensed health care professionals mentioned above directing them into a well-defined RTP stepped protocol similar to one outlined below. If at any time signs or symptoms should return during the RTP progression the athlete should cease activity*.
6. After the RTP protocol has been successfully administered (no longer exhibits any signs or symptoms or behaviors consistent with concussions), final written medical clearance is required by one of the licensed health care professionals mentioned above for them to fully return to unrestricted participation in practices and competitions.

Medical Clearance RTP Protocol (Recommended one full day between steps)

Rehabilitation stage	Functional exercise at each stage of rehabilitation	Objective of each stage
1. No activity	Complete physical and cognitive rest until asymptomatic. School may need to be modified.	Recovery
2. Light aerobic activity	Walking, swimming or stationary cycling keeping intensity, <70% of maximal exertion; no resistance training	Increase Heart Rate
3. Sport Specific Exercise	Skating drills in ice hockey, running drills in soccer; no head impact activities	Add Movement
4. Non-contact training drills	Progression to more complex training drills, i.e., passing drills in football and ice hockey; may start progressive resistance training	Exercise, coordination and cognitive load
5. Full Contact Practice	Following medical clearance, participate in normal training activities	Restore confidence and assess functional skills by coaching staff

* If at any time symptoms should return during the RTP progression the athlete should stop activity that day. If the athlete's symptoms are gone the next day, s/he may resume the RTP progression at the last step completed in which no symptoms were present. If symptoms return and don't resolve, the athlete should be referred back to their medical provider.

References:

1. NFHS. Concussions. 2008 NFHS Sports Medicine Handbook (Third Edition). 2008: 77-82.
<http://www.nfhs.org>
2. McCrory, Paul MBBS, PhD; Meeuwisse, Willem MD, PhD; Johnston, Karen MD, PhD; Dvorak, Jiri MD; Aubry, Mark MD; Molloy, Mick MB; Cantu, Robert MA, MD. Consensus Statement on Concussion in Sport 3rd International Conference on Concussion in Sport held in Zurich, November 2008. *Clinical Journal of Sport Medicine*: May 2009 - Volume 19 - issue 3 - pp 185-200
http://journals.www.com/cjsportsmed/Fulltext/2009/05000/Consensus_Statement_on_Concussion_in_Sport_3rd.1.aspx
3. Centers for Disease Control and Prevention. *Heads Up: Concussion in High School Sports*.
http://www.cdc.gov/NCIPC/tbi/Coaches_Tool_Kit.htm.
4. U.S. Department of Health and Human Services Centers for Disease Control and Prevention. *A Fact Sheet for Coaches*. (2009). Retrieved on June 16, 2010. [_Http://www.cdc.gov/concussion/pdf/coaches_Engl.pdf](http://www.cdc.gov/concussion/pdf/coaches_Engl.pdf)

Resources:

- II Centers for Disease Control and Prevention. *Injury Prevention & Control: Traumatic Brain Injury*. Retrieved on June 16, 2010. <http://www.cdc.gov/TraumaticBrainInjury/index.html>
- II Centers for Disease Control and Prevention. *Heads Up: Concussion in High School Sports Guide for Coaches*. Retrieved on June 16, 2010.

13.0 HEAT STRESS AND ATHLETIC PARTICIPATION

Early fall football, cross country, soccer and field hockey practices are conducted in very hot and humid weather in many parts of the United States. This can lead to heat-related illnesses. Heatstroke deaths are fully preventable in high school sports if the proper precautions are taken.

During hot weather conditions the athlete is subject to the following:

HEAT CRAMPS – HEAT CRAMPS ARE A MILD HEAT ILLNESS THAT CAN BE EASILY TREATED. These intense muscle spasms usually develop after an athlete has been exercising for a while and has lost large amounts of fluid and salt from sweating.

HEAT SYNCOPE – Weakness, fatigue and fainting due to loss of salt and water in sweat and exercise in the heat.

HEAT EXHAUSTION – Heat exhaustion is a moderate heat illness that occurs when a child continues to be physically active even after he or she starts suffering from ill effects of the heat, like dehydration. The child's body struggles to keep up with the demands, leading to heat exhaustion.

HEAT STROKE – Heat stroke is a severe heat illness that occurs when an athlete's body creates more heat than it can release, due to the strain of exercising in the heat. This results in a rapid increase in core body temperature, which can lead to permanent disability or even death if left untreated. An acute medical emergency related to thermo-regulatory failure, associated with nausea, seizures, disorientation, and possible unconsciousness or coma. It may occur suddenly without being preceded by any other clinical signs. The individual is usually unconscious with a high body temperature and a hot dry skin (heatstroke victims, contrary to popular belief, may sweat profusely).

It is believed that the above-mentioned heat stress problems can be controlled provided certain precautions are taken. The following practices and precautions are recommended:

1. Each athlete should have a physical exam with a medical history when first entering a program and an annual health history update. History of previous heat illness and type of training activities before organized practice begins should be included. State high school association's recommendations should be followed.
2. It is clear that top physical performance can only be achieved by an athlete who is in top physical condition. Lack of physical fitness impairs the performance of an athlete who participates in high temperatures. Coaches should know the **PHYSICAL CONDITION** of their athletes and set practice schedules accordingly.
3. Along with physical conditioning, the factor of acclimatization to heat is important. Acclimatization is the process of becoming adjusted to heat and it is essential to provide for **GRADUAL ACCLIMATIZATION TO HOT WEATHER**. It is necessary for an athlete to exercise in the heat if he/she is to become acclimatized to it. It is suggested that a graduated physical conditioning program be used and that 80% acclimatization can be expected to occur after the first 7 to 10 days. Final stages of acclimatization to heat are marked by increased sweating and reduced salt concentration in the sweat.
4. The old idea that water should be withheld from athletes during workouts has **NO SCIENTIFIC FOUNDATION**. The most important safeguard to the health of the athlete is the replacement of water. Water must be on the field and readily available to the athletes at all times. It is recommended that a minimum ten minute water break be scheduled for every twenty minutes of heavy exercise in the heat. Athletes should rest in a shaded area during the break. **WATER SHOULD BE AVAILABLE IN UNLIMITED QUANTITIES**. Check and be sure athletes are drinking the water.
5. Replacement by thirst alone is inadequate. Test the air prior to practice or game using a wet bulb, globe, temperature index (WBGT index) which is based on the combined effects of air temperature, relative humidity, radiant heat and air movement. The following precautions are recommended when using the WBGT Index: (ACSM's Guidelines for the Team Physician, 1991)

Below 65 Unlimited activity
65-73 Moderate risk

73-82 High risk
82-plus Very high risk

There is also a weather guide for activities that last 30 minutes or more (Fox and Mathews, 1981) which involves knowing the relative humidity and air temperature.

<u>Air Temp</u>	<u>Danger Zone</u>	<u>Critical Zone</u>	
70F	80% RH	100% RH	RH = Relative Humidity
75F	70% RH	100% RH	
80F	50% RH	80% RH	
85F	40% RH	68% RH	
90F	30% RH	55% RH	
95F	20% RH	40% RH	
100F	10% RH	30% RH	

One other method of measuring the relative humidity is the use of a sling psychrometer, which measures wet bulb temperature. The wet bulb temperature should be measured prior to practice and the intensity and duration of practice adjusted accordingly. Recommendations are as follows:

Under 60F	Safe but always observe athletes
61 - 65F	Observe players carefully
66 - 70F	Caution
71 - 75F	Shorter practice sessions and more frequent water and rest breaks
75 plus F	Danger level and extreme caution

6. Cooling by evaporation is proportional to the area of the skin exposed. In extremely hot and humid weather reduce the amount of clothing covering the body as much as possible. **NEVER USE RUBBERIZED CLOTHING.**
7. Athletes should weight each day before and after practice and **WEIGHT CHARTS CHECKED.** Generally a three percent weight loss through sweating is safe and over a three percent weight loss is in the danger zone. Over a three percent weight loss the athlete should not be allowed to practice in hot and humid conditions. Observe the athletes closely under all conditions. **Do not allow athletes to return to practice until they have adequately replaced their weight from fluid loss.**
8. Observe athletes carefully for signs of trouble, particularly athletes who lose significant weight and the eager athlete who constantly competes at his/her capacity. Some trouble signs are nausea, incoherence, fatigue, weakness, vomiting, cramps, weak rapid pulse, visual disturbance and unsteadiness.
9. Teams that encounter hot weather during the season through travel or following an unseasonably cool period, should be physically fit, but will not be environmentally fit. Coaches in this situation should follow the above recommendations and substitute more frequently during games.
10. Know what to do in case of an emergency and have your emergency plans written with copies to all your staff. Be familiar with immediate first aid practice and prearranged procedures for obtaining medical care, including ambulance service.
11. Parents' and Coaches' Guide to Dehydration and Other Heat Illnesses in Children
<http://www.nata.org/consumer/docs/parentandcoachesguide.pdf>

HEAT STROKE – THIS IS A MEDICAL EMERGENCY – DELAY COULD BE FATAL. ACTIVATE YOUR EMERGENCY ACTION PLAN BY CALLING – 911.

A rectal temperature not oral, aural, or temporal is diagnostic of heatstroke. Other methods of temperature have given false core body temperatures and caused delay in care. If you are unable to obtain a rectal temperature it is safer to cool the athlete then delay. **Immediately cool the athlete while waiting for transfer to a hospital.** Remove equipment and immerse body in ice cold water and keep cooling athlete.

Despite the many ways athletes can be cooled, immersion therapy has the best cooling rates. Ice water immersion should be your choice of cooling. A plastic kiddie pool or large plastic tub filled with water and with ice on stand-by should be available at all practices and games. Continue cooling efforts until EMS arrives. Recommendation is to continue cooling the athlete until core temperature is <100 degrees Fahrenheit.

HEAT EXHAUSTION – CONTACT LICENSED HEALTH CARE PROVIDER. Cool body as you would for heat stroke while waiting for medical personnel. Activate your emergency action plan.

SUMMARY – The main problem associated with exercising in the hot weather is water loss through sweating. Water loss is best replaced by allowing the athlete unrestricted access to water. Water breaks two or three times every hour are better than one break an hour. Probably the best method is to have water available at all times and to allow the athlete to drink water whenever he/she needs it. Never restrict the amount of water an athlete drinks, and be sure the athletes are drinking the water. The small amount of salt lost in sweat is adequately replaced by salting food at meals. Talk to your medical personnel concerning emergency treatment plans. Athletes that appear to have heat stroke or heat exhaustion should be cooled by ice water immersion.

RECOMMENDATIONS FOR HYDRATION TO PREVENT HEAT-RELATED ILLNESS

Types of Sports Drinks

Fluid Replacers

Examples: Water, Gatorade, Powerade, 10K, Quickkick, Max

These non-water carbohydrate containing drinks are absorbed quickly and typically are used for activities lasting more than an hour.

Carbohydrate loaders

Examples: Gatorlode, Exceed High, Carboplex, etc.

These drinks replace more muscle glycogen to enhance greater endurance.

They should be used after ultra-endurance events to increase muscle glycogen resynthesis after exercise.

Nutrition Supplements

Examples: Chocolate milk, Gatorpro, Exceed Sports, Ultra Energy, etc.

These supplements are fortified with vitamins and minerals and they help athletes maintain a balanced diet.

They help restore muscle glycogen stores after exercise.

They provide extra calories for athletes beyond a proper balanced diet.

What Not to Drink

Drinks with carbohydrate (CHO) concentrations of greater than eight percent can cause upset stomach due to high carbohydrate load and delay water absorption.

Fruit juices, CHO gels, sodas, and sports drinks that have a CHO greater than six to eight percent are not recommended during exercise as sole beverages.

Beverages containing caffeine will effect hydration since urine production will increase compared to non-caffeinated beverages.

Carbonated beverages are found to cause decreased voluntary fluid intake.

Alcoholic beverages are inappropriate for high school athletes.

Hydration Tips and Fluid Guidelines

Drink according to a schedule based on individual fluid needs.

Drink before, during and after practices and games.

Drink 17-20 ounces of water or sports drinks with six to eight percent CHO, two to three hours before exercise.
Drink 7-10 ounces of water or sport drink 10 to 20 minutes before exercise.
Drink early – By the time you're thirsty, you're already dehydrated.
In general, every 10-20 minutes drink at least 7-10 ounces of water or sports drink to maintain hydration, and remember to drink beyond your thirst.
Drink fluids based on the amount of sweat and urine loss.
Within two hours, drink enough to replace any weight loss from exercise.
Drink approximately 20-24 ounces of sports drink per pound of weight loss.
Dehydration usually occurs with a weight loss of two percent of body weight or more.

What to Drink During Exercise

If exercise lasts more than 50 minutes, a sports drink should be provided during the session.
The carbohydrate concentration in the ideal fluid replacement solution should be in the range of six to eight percent CHO
During events when a high rate of fluid intake is necessary to sustain hydration, sports drinks with less than seven percent CHO should be used to optimize fluid delivery. These sports drinks have a faster gastric emptying rate and fluid absorption rate, thus aid in hydration.
Sports drinks with a CHO content of 10 percent have a slow gastric emptying rate and should be avoided during exercise.
Fluids with salts (sodium chloride, potassium chloride) are beneficial to increasing thirst and voluntary fluid intake as well as offsetting the small amount of salts lost with water.
Salts should never be added to drinks, and salt tablets should be avoided, because they lead to slower gastric absorption.
Cool beverages at temperatures between 50 to 59 degrees Fahrenheit are recommended for best results with fluid replacement.

Dehydration, Its Effects on Performance, and Its Relationship to Heat Illness

Dehydration can affect an athlete's performance in less than an hour of exercise. Sooner if the athlete begins the session dehydrated.
Dehydration of just one to two percent of body weight (only 1.5-3 lbs., for a 150-pound athlete) can negatively influence performance.
Dehydration of greater than three percent of body weight increases an athlete's risk of heat illness (heat cramps, heat exhaustion, heat stroke).
High body fat athletes can have a harder time with exercise and can become dehydrated faster than lower body fat athletes working out under the same environmental conditions.
Poor acclimatization to heat or lower fitness levels can greatly contribute to an athlete's dehydration problems. This is important with the first practices of year, especially in the summer.
Certain medications or fevers can greatly affect an athlete's hydration status.
Environmental temperature and humidity both contribute to dehydration and heat illnesses.
Clothing, such as dark, bulky, or rubber protective equipment can drastically increase the chance of heat illness and dehydration.
Wet bulb globe temperature measurements should be taken 10-15 minutes before practice, and the results should be used with a heat index to determine if practices or contests should be started, modified or stopped.
A Heat Index chart should come from a reputable source like the National Oceanic and Atmospheric Association, or National Athletic Trainers Association.
A relative humidity of greater than 40 percent and a temperature of 90 degrees Fahrenheit are likely to cause heat illness, extreme caution should be used.
A relative humidity of 80 percent and a temperature of 84 degrees Fahrenheit are likely to cause heat illness, extreme caution should be used.
A relative humidity of 80 percent and 90 degrees Fahrenheit are likely to cause heat stroke and these conditions are considered dangerous.
<http://www.weather.gov/om/heat/heatindex.shtml>

APPENDIX A

CONNECTICUT INTERSCHOLASTIC ATHLETIC CONFERENCE
30 Realty Drive, Cheshire, Connecticut 06410

2013 CIAC BOYS SOCCER TOURNAMENT DIVISIONS

LL – 685 and over (40)

L – 487 – 684 (41)

Bridgeport Central	923	Avon	540
Bridgeport – Warren Harding	685	Berlin	497
Cheshire	798	Bethel	502
Danbury	1468	Branford	531
East Hartford	836	Bridgeport – Bassick	645
Fairfield Ludlowe	737	Bristol Central	681
Fairfield Warde	726	Bristol Eastern	640
Fairfield Prep.	896	Danbury – Abbott Tech. ***	423
Glastonbury	1077	Darien	659
Greenwich	1366	East Lyme	542
Guilford * (3 rd yr)	551	Enfield – Enrico Fermi	499
Hamden	944	Farmington	678
Hartford Public	750	Hartford – Bulkeley	549
Manchester	889	Hartford – University/A.I.Prince **	513
Middletown – Xavier	870	Hebron – RHAM	615
New Britain	1338	Groton – Fitch	593
New Haven – Career/Hillhouse **	697	Madison – Daniel Hand	617
New Milford	726	Manchester – Cheney Tech.	534
Newington	719	Meriden – Maloney	618
Newtown	905	Meriden – Platt	619
Norwalk	770	Middletown	674
Norwalk – Brien McMahon	793	Milford – Foran	491
Norwich Free Academy	1071	Milford – Platt Tech.	554
Ridgefield	906	Monroe – Masuk	620
Shelton	779	Naugatuck	683
Simsbury	832	New Canaan	629
South Windsor	723	New Fairfield	521
Southington	1009	New Haven – Wilbur Cross	653
Stamford	989	New London	536
Stamford – Westhill	1039	North Haven	625
Trumbull	1049	Redding – Joel Barlow	487
Waterbury – Crosby	746	Southbury – Pomperaug	652
Waterbury – Kennedy	717	Storrs – E.O. Smith	602
Waterbury – Wilby	702	Stratford	556
West Hartford – Conard	773	Stratford – Bunnell	590
West Hartford – Wm. Hall	725	Torrington	590
West Haven	794	Vernon – Rockville	497
Westport – Staples	953	West Haven – Notre Dame	616
Wilton	689	Wethersfield	617
Woodbridge – Amity Reg.	844	Windsor	637
		Woodstock Academy	514

Requested higher division *

Co-op team **

Success factor ***

Boys Division

M – 323 – 486 (42)

Ansonia	323
Ansonia – Emmett O’Brien	386
Beacon Falls – Woodland Reg.	363
Bridgeport – Bullard Havens	388
Brookfield	433
Burlington – Lewis Mills	409
Colchester – Bacon Academy	448
East Haven	468
Ellington	370
Enfield	380
Granby Memorial	390
Groton – Grasso Tech.	340
Killingly	440
Killingly – Ellis Tech.	417
Ledyard	465
Manchester – East Catholic	339
Meriden – Wilcox Tech.	438
Middletown – Vinal Tech.	450
Milford – Jonathan Law	466
Montville	372
New Britain – Goodwin Tech.	380
Norwich Tech.	424
Plainfield	371
Plainville	370
Rocky Hill	345
Stonington	398
Suffield	410
Tolland	437
Torrington – Wolcott Tech.	417
Trumbull – St. Joseph	440
Wallingford – Lyman Hall	468
Wallingford – Sheehan	437
Waterbury – Holy Cross	325
Waterbury – Kaynor Tech.	441
Waterford	440
Watertown	467
Weston	395
Windham	379
Windham Tech.	374
Winsted – N.W. Reg.	372
Wolcott	427
Woodbury – Nonnewaug	353

Contact CIAC if your school sponsors boys soccer but has been left off the list or if you are listed and no longer sponsor the sport.

Not sponsoring a team

Hartford – Achievement First	27
Hartford – Capital Prep.	89
New Haven – Amistad	134
New Haven – Hyde (JV)	161

S – Up to 322 (49)

Bloomfield	276
Bolton	182
Bridgeport – Kolbe Cathedral	131
Bristol – St. Paul	194
Canton	286
Chaplin – Parish Hill	82
Clinton – Morgan School	308
Coventry	248
Cromwell	270
Danbury – Immaculate	184
Deep River – Valley Reg.	297
Derby	188
Durham – Coginchaug	279
East Granby	151
East Haddam – Hale Ray	201
East Hampton	241
East Windsor	192
Fairfield – Notre Dame	215
Falls Village – Housatonic Valley	195
Griswold	311
Hamden – Eli Whitney	277
Hartford – Classical	161
Hartford – SMSA	194
Hartford – Weaver	243
Higganum – Haddam-Killingworth	309
Lebanon – Lyman Memorial	177
Litchfield	164
Litchfield – Wamogo	196
North Branford	312
No. Stonington – Wheeler	97
Old Lyme	235
Old Saybrook	262
Oxford	289
Portland	186
Putnam	163
Seymour	303
Somers	284
Stafford	218
Stamford – Trinity Catholic	227
Terryville	262
Thomaston	138
Thompson – Tourtellotte	160
Uncasville – St. Bernard	125
Washington – Shepaug Valley	177
Waterbury – Sacred Heart	181
West Hartford – N.W. Catholic	300
Westbrook	148
Windsor Locks	288
Winsted – Gilbert School	170

2013 CIAC GIRLS SOCCER TOURNAMENT DIVISIONS

LL – 638 and over (39)

Bridgeport Central	1022
Cheshire	755
Danbury	1397
Darien	671
East Hartford	820
Fairfield Ludlowe	814
Fairfield Warde	690
Glastonbury	1154
Greenwich	1300
Hamden	886
Hartford Public	725
Madison – Daniel Hand	645
Manchester	805
Middletown – Mercy	638
New Britain	1218
New Canaan	647
New Haven– Cross/Hillhouse/Career**	788
New Milford	755
Newington	706
Newtown	854
Norwalk	769
Norwalk – Brien McMahon	864
Norwich Free Academy	1189
Ridgefield	865
Shelton	801
Simsbury	745
South Windsor	688
Southington	1011
Stamford	907
Stamford – Westhill	1052
Suffield ***	452
Trumbull	1142
Trumbull – St. Joseph ***	388
West Hartford – Conard	769
West Hartford – N.W. Catholic ***	303
West Hartford – Wm. Hall	718
West Haven	795
Westport – Staples	930
Woodbridge – Amity Reg.	778

L – 472 – 637 (38)

Avon	555
Branford	561
Bridgeport – Bassick	521
Bristol Central	634
Bristol Eastern	608
Brookfield	477
Colchester – Bacon Academy	496
Danbury – Immaculate ***	199
East Lyme	580
Enfield – Enrico Fermi	489
Farmington	614
Groton – Fitch	601
Guilford	523
Hamden – Sacred Heart Academy	499
Hebron – RHAM	526
Ledyard	496
Meriden – Maloney	602
Meriden – Platt	546
Middletown	633
Milford – Foran	477
Milford – Jonathan Law	472
Monroe – Masuk	618
Naugatuck	622
New Fairfield	497
North Haven	633
Redding – Joel Barlow	525
Southbury – Pomperaug	614
Storrs – E.O. Smith	627
Stratford	497
Stratford – Bunnell	599
Torrington	511
Vernon – Rockville	478
Wallingford – Lyman Hall	625
Wethersfield	554
Wilton	621
Windsor	561
Woodbury – Nonnewaug ***	452
Woodstock Academy	545

Co-op team **

Success factor ***

Girls Division

M – 300 – 471 (39)

Ansonia	309
Beacon Falls – Woodland Reg.	365
Berlin	469
Bethel	462
Bridgeport – Bullard Havens	436
Burlington – Lewis Mills	389
Deep River – Valley Reg.	326
East Haven	458
Ellington	417
Enfield	347
Granby Memorial	371
Griswold	314
Hartford – Bulkeley	433
Higganum – Haddam-Killingworth	324
Killingly	452
Lebanon – Lyman Memorial ***	252
Manchester – East Catholic	354
Meriden – Wilcox Tech.	325
Milford – Luralton Hall	465
Milford – Platt Tech.	300
Montville	349
New London	396
North Branford	328
Oxford	305
Plainfield	370
Plainville	379
Rocky Hill	390
Seymour	308
Stonington	375
Tolland	449
Wallingford – Sheehan	471
Waterbury – Holy Cross	301
Waterbury – Kaynor Tech.	346
Waterford	405
Watertown	470
Weston	388
Winsted – N.W. Reg.	381
Windham	301
Wolcott	439

No team – If your school has a girls soccer team and is listed below or if you are listed in a division and do not have girls soccer, please notify the CIAC.

Ansonia – O’Brien Tech.	167
Bridgeport – Warren Harding	648
Danbury – Abbott Tech.	218
Hamden – Eli Whitney	223
Hartford – A.I. Prince Tech.	417
Hartford – Achievement First	34
Killingly – Ellis Tech.	114
Manchester – Cheney Tech.	150

S – Up to 299 (44)

Ac. Holy Family/Norwich Tech. **	280
Bloomfield	264
Bolton	179
Bridgeport – Kolbe Cathedral	179
Bristol – St. Paul Catholic	193
Canton	245
Chaplin – Parish Hill	74
Clinton – Morgan	280
Coventry	263
Cromwell	267
Derby	174
Durham – Coginchaug	298
East Granby	122
East Haddam – Hale Ray	195
East Hampton	283
East Windsor	170
Fairfield – Notre Dame Catholic	178
Falls Village – Housatonic Valley	228
Groton – Grasso	231
Hartford – Capital Prep.	122
Hartford – Classical	202
Hartford – SMSA	229
Hartford – University	129
Hartford – Weaver	226
Litchfield	158
Litchfield – Wamogo	213
Middletown – Vinal Tech.	189
No. Stonington – Wheeler	103
Old Lyme	191
Old Saybrook	275
Portland	187
Putnam	136
Somers	256
Stafford	260
Stamford – Trinity Catholic	187
Teryville / Thomaston **	293
Thompson – Tourtellotte	141
Torrington – Wolcott Tech.	237
Uncasville – St. Bernard	135
Washington – Shepaug Valley	142
Waterbury – Sacred Heart	168
Westbrook	138
Windsor Locks	275
Winsted – Gilbert School	146

No team

New Britain – Goodwin Tech.	257
New Haven – Amistad (JV)	168
New Haven – Hyde	48
Waterbury – Crosby	718
Waterbury – Kennedy	639
Waterbury – Wilby	634
Windham Tech. (JV)	196

APPENDIX B
2013 GIRLS / BOYS SOCCER GAME RESULTS / TOURNAMENT ROSTER

In order to ensure that standings and rankings on both the CIAC's websites and other sites which draw their data from us are timely and accurate, all regular season scores must be entered online no more than 24 hours following the game's completion. It is highly recommended that scores are entered from the site as soon as the game ends.

Scores may be entered via the Online Eligibility Center, the "Submit Scores/Forms" option of the "CIAC for Coaches" menu at ciacsports.com, or the "submit scores" button in our ciacmobile.com mobile site. Entering scores at ciacsports.com or ciacmobile.com requires either a coaches or scorekeeper's access code, those codes are managed via the Online Eligibility Center and can be retrieved from a school's athletic director.

Regardless of regular season postponed games, the date of Thursday, October 31 must be the final day to count for the tournament.

Tournament rosters can be submitted on the Eligibility Center or the submit scores / forms option under the "CIAC for Coaches" menu at ciacsports.com. Rosters must be submitted by Friday, October 25, 2013. Any request for changes after the initial roster is submitted must be made on a "support ticket" via the online eligibility center.

- * Up to thirty (30) eligible players may be used.
- * Games that are postponed or suspended (except finals) shall be played on the next available date (excluding Sundays). Postponed or suspended FINAL games shall be played on the next available date including Sunday.
- * Entry fee of \$75 must be sent to CIAC, 30 Realty Drive, Cheshire, CT 06410.

CIAC Late Entry Policy

- * No tournament entries will be accepted after the established deadline except those approved by the CIAC Board of Control.
- * Corrections requested by a school to an entry form that was submitted by the established deadline but prior to seeding/pairing data being published on the web site, will be assessed a fee of \$50 per correction to a maximum of \$250.
- * All requests for corrections must be submitted on a support ticket via the online eligibility center. No phone request will be considered.

Tournament Regulations Violation – If a school fails to comply with tournament regulations and such requires the CIAC tournament sports committees, central office staff, or the CIAC Board of Control to redo any portion of the tournament pairings or such non-compliance adversely impacts the management of the tournament, an administrative violation fee of \$500 will be imposed upon the school before entry into the tournament will be allowed.

APPENDIX C
FORM FOR APPLYING FOR A HIGHER DIVISION IN THE 2013 BOYS' OR GIRLS
SOCCER TOURNAMENT

Must be submitted via the password-protected online eligibility center by September 6, 2013 for the 2013 tournament. **Once a school has been approved for a change of division, this status will remain in effect for three (3) school years.** Placement of schools has been based on the 9-12 boy or girl 2012-13 enrollment.

APPENDIX D
SELECTION OF OFFICIALS FORM

Must be submitted via the password-protected online eligibility center by October 11, 2013.

APPENDIX E

YELLOW CARD RULE

1. A player who is issued a caution (yellow card) shall leave the field and may be replaced. Should the team with the cautioned player elect to play shorthanded, the cautioned player may not re-enter, nor be replaced until the next legal substitution. **Any player or coach who is issued a second caution (yellow card) in the same game will be ejected and required to sit out the next game at the same level of play. Substitutions will not be allowed under NFHS rules on an ejection for two yellow cards.**
 - 2.a. A player or coach is ineligible to participate in any soccer contest until withheld from the next soccer contest at that level of play when the player or coach has been issued a third (**cumulative**) yellow card of the regular season, not the game. The rule also becomes operative for the same player or coach at the sixth, ninth, etc. yellow card during the regular season. The game in which the third, sixth, ninth, etc. cumulative yellow card is given determines the level of play. A player or coach receiving a yellow card in a sub-varsity game and a yellow card in a varsity game has accumulated two for the regular season. **Any player or coach who receives a third cumulative yellow card will be required to sit out the next game at that level of play. The player or coach may not participate in a game at any level until he/she has sat out the required game at the appropriate level of play.**
 - b. In the event a player or coach receives their third, sixth, ninth, etc., yellow card at the last scheduled regular season game, or league playoff game, the player/coach shall be disqualified from participating in the next contest (league playoff game or CIAC tournament game).
- Note: Any player/coach who is issued the third (cumulative) yellow card and a red card in the same game will be disqualified for the next two games and is ineligible to play until the next two games at that level of play have occurred. A player/coach receiving a combination yellow card/red card in a game has been issued the second yellow card for that game as well as a red card. The issuance of a red card only, does not count as one yellow card.
3. Each CIAC member school must maintain an official soccer score book. The issuance of each yellow and red card must be immediately recorded in that team's score book when the incident occurs. Each member school must report to the CIAC a summation of all red and yellow card penalties on the CIAC Penalty Report Form after each game. Failure to do so may lead to a team's disqualification from post season play.
 4. A player rendered ineligible through a disqualification will be determined to be an ineligible player according to CIAC eligibility regulations. The use of an ineligible player will lead to a game forfeiture.
 5. Yellow card penalties will carry over into all overtime periods. Players receiving yellow cards that carry over into the first penalty kick tie breaking round will be eliminated from participating in the first round of penalty kicks. Players receiving yellow cards during any penalty kick round will be eliminated from any additional penalty kick rounds during that match.
 6. **Yellow cards will be set to zero (0) at the start of the CIAC tournament. A player or coach who receives their second cumulative yellow card during the tournament must sit out the next game in the tournament.**

TEAM YELLOW / RED CARD RULE
CIAC SOCCER COMMITTEE POLICY ON TEAM PROBATION / DISQUALIFICATION

1. **Any team that accumulates five (5) or more red cards during the regular season, including league tournaments, will be disqualified from the CIAC state tournament:**

Additionally:

- The program will be placed on probation
- The school will be required to appear before the CIAC Soccer Committee
- The school will be required to file a written action plan for improvement with the committee and
- The maximum number of red cards the soccer team can accumulate during the next regular season, including league tournaments, will be reduced to three (3). If the team exceeds three (3) red cards they will be disqualified from the CIAC tournament.

2. **Any team that accumulates a combination of sixteen (16) or more red or yellow cards during the regular season, including league tournaments, will be disqualified from the CIAC state tournament.**

Additionally:

- The program will be placed on probation
- The school will be required to appear before the CIAC Soccer Committee
- The school will be required to file a written action plan for improvement with the committee and
- The maximum number of cards the soccer team can accumulate during the next regular season, including league tournaments, will be reduced to twelve (12). If the team exceeds twelve (12) cards during the regular season, including league tournaments, they will be disqualified from the CIAC State Tournament.

3. **All schools that accumulate between thirteen (13) and fifteen (15) red and/or yellow cards during the regular season and tournaments will be placed on probation for the next season.**

Additionally:

- The school will be required to appear before the CIAC Soccer Committee
- The school will be required to file a written action plan for improvement with the committee and
- The maximum number of cards the soccer team can accumulate during the next regular season, including league tournaments, will be reduced to twelve (12). If the team exceeds twelve (12) but less than sixteen (16) cards during the regular season, including league tournaments, they will remain on probation for a second year.

4. **If the team accumulates between thirteen (13) and fifteen (15) red and/or yellow cards WHILE ON PROBATION.**

- The team will remain on probation
- The school will reappear before the Soccer Committee with an updated action plan and
- The maximum number of cards the team can accumulate during the **SECOND YEAR OF PROBATION** will be reduced to twelve (12). If the team exceeds twelve cards during the regular season, including league tournaments, they will be **disqualified** from the CIAC state tournament.

5. ALL RED CARDS accumulated during CIAC tournament play shall carry over to the next season.

6. Schools that fail to submit the required red/yellow card information will be subject to a fine as prescribed by the CIAC fine policy as well as probation or prohibition from tournament play.

7. All red/yellow cards must be recorded by BOTH SCHOOLS at the time the scores are required to be submitted electronically to the CIAC. **Scores and cards for all games including league tournament and the CIAC State tournament games must be submitted electronically to the CIAC.**

APPENDIX F
CIAC SOCCER PENALTY REPORT FORM

This report (including those with zero penalties) must be submitted to the CIAC office by all schools playing soccer at the conclusion of each season. A copy of this form must accompany all tournament entry forms.

Must be submitted via the password-protected online eligibility center by 9:00 p.m., Thursday, November 14, 2013.

*Central CT = CC	Coastal Valley = CV	Eastern CT = EC
Greater New Haven = NH	Southern CT = SC	Western CT = WC

Attach a copy of this penalty report form in your soccer score book inside the back cover. Each school assumes the responsibility of recording all penalty cards into their respective score books for every game. Your score book must be available at each game. At the conclusion of each contest at all levels, each coach is required to initial the opposing team's score book penalty form. Failure to have it available may result in either probation or prohibition for your team. A copy of this form must be submitted to the CIAC on the day after your last regular season game regardless of tournament qualification and/or zero penalties. This form is to be executed for frosh, sub-varsity, and varsity levels of play.

YELLOW CARD CODE

1. Entering or leaving the field of play without permission of an official.
2. Persistent infringement of rules.
3. Objecting by word of mouth or action to official's ruling.
4. Any incidental use of vulgar or profane language.
5. Use of video or audio communication with players or other persons to assist in coaching.
6. Coaching outside team area.
7. Unnecessary delay (kicking, throwing ball away free kick)
8. Holding a shirt or short.
9. Deliberate verbal tactics.
10. Encroachment.
11. Deliberate handball to stop an attack.
12. Deliberate tactical foul
13. Faking an injury.
14. Simulating a foul.
15. Use of any tobacco products at the game site.
16. Other unsportsmanlike conduct.
17. Coach for illegal player equipment.

YELLOW CARD / SECOND YELLOW CARD

1. Second Caution (Yellow Card) – Game ejection – NO SUBSTITUTION ALLOWED.

RED CARD CODE

1. Exhibiting violent conduct.
2. Taunting.
3. Subsequent caution for coach or bench personnel.
4. Exhibiting other violent conduct or committing other serious foul play.
5. Spitting at an opponent.
6. Spitting at a teammate or game officials.
7. Using insulting, offensive or abusive language or gesture.
8. Leaving the team area to enter the field where a fight or altercation is taking place, unless summoned by an official.

THE CIAC BOARD OF CONTROL HAS ADOPTED THE FOLLOWING PLAYER / COACH EJECTION / DISQUALIFICATION POLICY.

The CIAC establishes guidelines and tone for acceptable and appropriate behavior at all CIAC contests including league tournaments and playoffs. Given this charge, it is CIAC's responsibility to be pro-active and responsive to the growing issues of sportsmanship and violence in sports. A strong consistent statement reflecting zero tolerance for violence in sports must become standard operating procedure for all schools. This is to be considered a minimum standard.

The CIAC Disqualification/Ejection Rule is in effect for all CIAC contests including league playoffs and tournaments that engage officials who have been assigned by Board commissioners from CIAC registered officials organizations, or directly by the school or by the CIAC.

There is NO appeal procedure that a school may use relative to disqualifications. Disqualification is a judgment call by an official and as such is not appealable. Until the official(s) leaves the site the game official(s) is in charge and may take any action deemed to be appropriate, even to the extent of reversing an earlier decision to eject a player or coach. Both schools (coaches on site) must be made fully aware of all final decisions on game disqualifications. **Once the game official(s) leaves the site of the contest all decisions on game disqualifications are final.**

The following policies for disqualification by an official shall apply in all sports.

1. Any student-athlete who physically assaults an official, coach, opposing player or spectator will be immediately ineligible for the remainder of the season.
2. When an athlete or coach is ejected from any CIAC contest the athlete or coach is ineligible to participate in the next contest at the same level of play (even if the next contest does not occur until league or CIAC tournament play or next year). If one or more different level contests are scheduled prior to the next contest at the same level of play, the athlete or coach shall be ineligible to participate in the next (but no more than one) contest at each level of play. **The ejected coach or player cannot be in attendance at the game(s) for which they are serving their suspension and may not participate in any pre-game warm-up activities at the site of the game.**
3. Upon receiving a second disqualification for initiating a fight or retaliating in a fight (as determined by the game official), that student-athlete will be dismissed from the team for the remainder of the season (otherwise #2 remains applicable).
4. The school's first incident of non-compliance, for reasons other than defiance of the disqualification rules, will result in forfeiture, a \$250 fine and the athlete or coach must serve the disqualification penalty; a school's second incident of non-compliance will prohibit the school from entry in the next CIAC tournament for that sport or from the remainder of the current tournament if the disqualification occurs during a CIAC tournament or during the last regular season contest/day of competition. However, when a school willfully defies CIAC disqualification rules and regulations the school and/or coach will be subject to further action by the CIAC Board of Control.
5. Any CIAC team that accumulates five (5) or more disqualifications for flagrant misconduct, unsportsmanlike conduct, such as, but not limited to taunting, retaliating in a fight, or physically assaulting an official, coach, opposing player or spectator during the course of one season will be barred from CIAC post-season competition. All disqualifications must be reported to CIAC. Disqualification from the team under #1 constitutes one disqualification in team totals. Any misconduct or disqualification of a coach will count towards the team's total number of disqualifications.
6. Disqualifications from the last contest of one season carry over to the next season in that sport for undergraduates and coaches, or the next season of participation in any sport for seniors.

7. If the CIAC or National Federation playing rules for a sport specify an additional penalty, the additional penalty will apply. The CIAC disqualification rule applies to all game or meet disqualifications with the exception of reaching the limit of personal fouls in basketball and lacrosse; reaching the limit of technical violations in wrestling; or being disqualified by the rules in ice hockey and lacrosse, which does not require a next game disqualification. This rule does not apply to individual event disqualifications such as in swimming or track and field.
8. Each game official will notify their assigner for that game who will notify the CIAC office via the online disqualification notification system. The athletic director or principal of the school having the disqualified player/coach must notify their next opponent. The school is responsible to implement all CIAC disqualification rules even if the official does not report disqualification in a timely manner.
 - **Definition of ASSAULT** – An assault is defined as an attack which attempts to injure one physically.
 - **Definition of TAUNTING** – Taunting includes, but is not limited to any actions or comments by coaches or players which are intended to bait, anger, embarrass, ridicule or demean other players, coaches, or game officials. Included in this is conduct that berates, needles, intimidates or threatens based on gender, ethnic origin or background and conduct that attacks religious beliefs, size, economic status, speech, family, special needs, or personal matters. Examples of taunting that would lead to ejection include, but are not limited to, physical and verbal intimidation outside the spirit of the game (“trash talk”), reference to sexual orientation, “in-the-face confrontation” by one player to another, standing over, straddling a tackled or fallen player, etc.
 - **PENALTY** – In all sports, game officials are to consider taunting a flagrant, unsportsmanlike foul that disqualifies the offending bench personnel or athlete from that contest/day of competition and the player or coach from the following contest/day of competition, i.e., the CIAC player/coach ejection rule will be invoked. A warning may be given, but is not required before ejection.

In soccer, an accumulation of two yellow cards in one game against the coaching personnel or team bench will constitute a red card against the head coach and all disqualification rules will apply. (Refer to soccer red card rules and the soccer tournament document.)

Disqualification Rule – The head coach shall be ineligible to participate in the next contest at the same level of play (even if the next contest does not occur until league or CIAC tournament play or next year). If one or more different level contests are scheduled prior to the next contest at the same level of play, the head coach shall be ineligible to participate in the next (but not more than one) contest at all other levels of play.

Appeals – The CIAC will honor appeals of coach disqualification only (not player disqualifications) when the nature of the disqualification under the CIAC Disqualification/Ejection Rule applies to circumstances other than game official judgments. For example, the ejection of a head coach for winning a football contest by more than 50 points when the circumstances warrant an exception.

Appeals will be heard by a committee consisting of the following: CIAC chairperson, CIAC sports committee chairperson, CIAC Executive Director or designee, a coach and an athletic director. Appeals will be honored when received in the CIAC office within 48 hours of the decision to disqualify the coach.

Ejection of a Coach – When a member school’s coach is ejected from a game for an infraction as prescribed by the rules, the game may not continue until the member school replaces the ejected coach with a certified coach. The coach must leave the premises. If this cannot be accomplished within fifteen (15) minutes after the ejection, the official in charge will declare a forfeit win for the opposing team.

APPENDIX G
DUTIES OF 2013 BOYS OR GIRLS SOCCER TOURNAMENT SITE DIRECTOR

It shall be the duty of the Site Director to see that the following facilities are available well in advance of the start of the game:

1. **The score of game must be telephoned to the tournament director by the home team immediately at the conclusion of the game. Call no later than 7:00 p.m. – tournament director – Charles Sharos (860) 688-9940.**
 2. In the event that a field is absolutely unfit for play because of excessive water the tournament director should be notified as soon as possible. (After a rain most fields may not be perfectly dry, but yet would be suitable for play.)
 3. The field should be freshly lined, following official dimensions with field markings in agreement with the most recent National Federation soccer rule book. Corner flags are to be in place and each goal should be provided with the customary net.
 4. A restraining barrier of some sort should be in place to keep spectators at least fifteen feet from the playing surface at all points. In most cases crowd ropes will be considered suitable.
 5. An ADULT scorer and an ADULT timer will be provided by the site director and a sufficiently large scorer's and timer's table with bench or chairs will be made available for the game.
 6. A suitable timing device – the conventional time clock – and a loud horn or other loud noise-making device (not a whistle) will be available to signal the expiration of playing time. A loud horn should be used to signal the end of the game. **The official time is kept by the official(s) on the field.**
 7. SUFFICIENT SECURITY PERSONNEL AS MAY BE DEEMED NECESSARY WILL BE ON DUTY TO CONTROL THE ANTICIPATED CROWD.
 8. Emergency medical procedures should be established for the game.
 9. Suitable benches and drinking water should be provided for the players. If a request is made, dressing facilities should be provided for any team which has more than twenty miles to travel.
 9. All monies collected at the site along with ticket accountability should be sent to CIAC, 30 Realty Drive, Cheshire, CT 06410. For accountability purposes (and for your records) payment (of all monies collected) to CIAC should be made by check (school/central office check). A list of expenses which includes all fees should accompany the check so the CIAC may then be able to make payment by check.
 10. During the 2013 tournament the following passes will be honored at all games where a fee is charged:
 - a. Committee pass
 - b. Principal (or designee) and athletic directors of the two competing schools
 - c. Press card
 - d. CIAC soccer officials association membership card
- No other complimentary admissions will be permitted.
11. Up to 30 team members, coaches, managers and up to 20 cheerleaders accompanying the team will be admitted free of charge to each game. Noisemakers that might interfere with the performance of the game and large banners or streamers are prohibited and each school principal is responsible for compliance with this regulation.
 12. Site director must provide a minimum of **two (2) “ball persons” for each tournament game.**

APPENDIX H
**GENERAL INSTRUCTIONS REGARDING GAME MANAGEMENT
FOR ALL BOYS AND GIRLS SOCCER COACHES**

Coaches check the following items with each other:

- a. Directors how to reach field.
- b. All weekday tournament games will START at 2:00 p.m., or 4:00 p.m. if the school has lights, or unless a night game is mutually agreed upon. Time for Saturday or holiday games will be by mutual consent. If not agreed to by both schools the tournament director will make the final decision.
- c. **The higher ranked team is required to supply four (4) official tournament game balls. The official game ball is the Brine BC105N.** Officials must report to CIAC and school hosting a game who does not use the CIAC designated ball. The CIAC Board of Control will take appropriate action with the school.
- d. The higher ranked team must wear white and lower ranked team a dark color shirt.
- e. Be certain of dressing arrangements if needed.

NOTE: First round, second round and quarter-final games will be played on the home field of the higher ranked team. Home team secures officials for first round, second round and quarter-final games and for the services of a trainer. The home team will pay for officials in the first and second round. CIAC will pay for officials in the quarter-finals on.

Visiting team arrange for busses.

CIAC highly recommends that all soccer fields used for the tournament be 65 yards wide by 110 yards long. The minimum requirement is 60 yards wide by 110 yards long. Fields that do not meet the minimum requirement must be moved to an approved site or to the site of the lower ranked team. If home field does not meet minimum standards, the CIAC must be notified by September 27, 2013.

Inclement weather – Play the next day (excluding Sunday). If the field is still unplayable, the game may be played at the lower ranked team's field.

Home team must call in scores to tournament director Charles Sharos (860) 688-9940 at the conclusion of the game.

SPECIAL NOTE: Coaches are requested to inform all site directors to honor the special game passes which are issued to Soccer Committee members who will act as observers during the tournament.

ATTENTION: (Check list)

- ___ The field should be freshly lined. Each goal provided with the customary net.
- ___ A restraining barrier should be in place to keep spectators from the playing field at all points. In most cases crowd ropes will be considered suitable.
- ___ Suitable benches should be provided for all players.
- ___ A sufficiently large scorer's and timer's table with bench or chairs will be provided.
- ___ See Official Tournament Rules for admission prices and complimentary tournament entrance procedures.
- ___ Although most of you have the situation well under control with your students / athletes, alcohol has shown up on the field after some championship games (brought in by spectators, but nonetheless, on the field). The proper word by your athletes might be enough to control this situation and avoid embarrassing the team and tainting their achievement.
- ___ **Site directors should not allow spectators to stand behind the goals.**

